

RESUME

Zhang Zhanzhao



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Education

Bachelor of Music Therapy, 2014

Jiangxi University of Traditional Chinese Medicine,

Clinical Experiences

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| 2015-Present | <p>Wuxi Mental Health Center (China), Music therapist</p> <ul style="list-style-type: none">• Provide music therapy to adolescents and adults with various psychiatric disorders.• Plan and lead individual and group music therapy sessions to inpatients.• Assess and determine individual patients' needs and requirements prior to developing treatment plans.• Encourage active participation during therapy sessions and facilitate patients to explore different musical/instrumental sounds and genre.• Monitor, evaluate, document and follow up on patient's progress and response to various methods of music therapy (such as active or receptive therapy).• Work closely with the Centre's multidisciplinary teams to promote coordinated and efficient care for all patients.• Responsible for the senior schizophrenia inpatient group therapy• Responsible for the youth schizophrenia group therapy |
| July-Dec,2013 | <p>Autistic Children Rehabilitation Center (Jiangxi Province)</p> <ul style="list-style-type: none">• Work as a co-therapy and provide music therapy group session for children with Autism.• Assess and set up session plans based on clients' needs and goals.• Observe and writing progress notes for clients. |
| July-Dec, 2012 | <p>Nanchang NO.8 Hospital Community Center (Jiangxi Province)</p> <ul style="list-style-type: none">• Work as a co-therapy and provide music therapy group and individual sessions for elderly with various physical disabilities.• Assess and set up session plans based on clients' needs and goals.• Observe and writing progress notes for clients. |

March-June,2011 **Nanchang Disable Children Welfare Center (Jiangxi Province**

- Work as a co-therapy and provide music therapy group and individual sessions for 3-18years old children with physical and mental disabilities.
- Assess and set up session plans for children
- Observe and writing progress notes for clients.

Social Experiences

- 2011-12 Chairman of the Chinese Medicine Health Association
- 2012 Participated the Jiangxi Takewondo Competition for Colleague Student and reward the firth place.
- 2012 won the World Taekwondo Federation Dan Black Belt section.
- 2011 won the Silver prize of the Jiangxi Chinese Art Festival Professional Piano Competition
- 2010 Member of Zhangping City Writers Association.