

Dr. Cheryl Dileo is a Board-Certified music therapist with a number of years of experience as a clinician and consultant. She currently coordinates the PhD Program in Music Therapy and is the Director of the Arts and Quality of Life Research Center at Temple University. She founded the music therapy program at the University of Evansville and has served on the music therapy faculty at Loyola University. She was named the McAndless Distinguished Scholar and Professor in the Humanities for the 2002-3 academic year at Eastern Michigan University. She is currently on the Honorary Faculty at the University of Melbourne Australia, and a member of the PhD Program Advisory Board at Aalborg University, Denmark. She serves on the Advisory Board for the Nordic Journal of Music therapy, and has served on the Editorial Board of the Journal of Music Therapy, as Editorial Consultant for Music Therapy: The Journal of the American Association for Music Therapy, the International Journal of Arts in Psychotherapy and the Journal of Music Therapy and MusicMedicine (Germany).

Dr. Dileo serves as a grant consultant for the National Institute of Health, the National Center for Complementary and Alternative Medicine, and the National Cancer Institute. She has held a variety of leadership positions in the National Association for Music Therapy, including President, Vice-President, and Council Coordinator. She played a leading role in the development of the NAMT Code of Ethics, and has Co-Chaired AMTA's Ethics Board. The American Association for Music therapy has honored her with the Lifetime Achievement Award, the Award of Merit, as well as the Distinguished Research/Publication Award. She was the recipient of the 2006 Temple University Faculty Research Award. She has also served in a variety of leadership positions for the World Federation of Music Therapy, including, President, Past-President, Chair of the Commission on Ethics and Business Manager. She developed the WFMT Guidelines for Ethics and Research.

She has given more than 200 lectures and workshops in this country and abroad, having conducted lecture tours on 5 continents. She has authored/co-authored 15 books and over 100 book chapters and articles. Currently, she is a co-author of 7 Cochrane systematic reviews on medical music therapy for the Cochrane Library. She has received grant funding from a variety of sources, including the State of PA Formula Fund and the Barra Foundation. Her research interests include: quantitative analyses and meta-analyses of the effects of music therapy in medicine, the development and testing of new music therapy interventions in medicine, particularly involving songs, entrainment, and improvised music; multicultural issues in music therapy practice; and spirituality, meaning and the use of narratives in music therapy practice.