

Zhou Yao's Curriculum Vitae

National secondary psychological consultant, music therapist, advocate of Drum Circle, a member of International Association for Music and Medicine, a member of Music Therapists Association, the special guest for Zhejiang FM96.8,107 private car radio, co-host with City Express music and other media psychological workshops.

1. Training Experience since 2006

2006, got the license for National secondary psychological consultant (certificate number 0611000008200566)

2007, studied under professor Fang Xin of Peking University to learn Behaviorism Therapy.

2007, studied under the master of psychoanalysis Zeng Qifeng to learn Psychoanalytic Therapy.

2008, studied under professor Fan Fumin of Peking University to learn group counseling.

2008, studied under the American master of music psychodrama Joseph L. Moreno to learn music psychodrama.

2009, took part in course of "Mental Growth Group" held by Xue Wei and Zou Zheng.

2010, took part in the course of Peer Steering Group and Network Cases Steering.

2014, studied under professor Gao Tian of Central Conservatory of Music, the so-called "The pioneer of music therapy in China" to learn the initial and intermediate courses of music therapy.

2014, studied under American music therapist Kalani Das to learn the technology of drum circle guidance.

2014, studied under "The Father of Drum Circle" Arthur Hull to learn the technology of drum circle Guidance and achieved the qualification of drum circle Guider.

2015, studied under American Music therapist Carolyn to learn music therapy drum circle, gaming technology.

2015, studied under professor Gao Tian to learn the advanced course of music therapy "MER", and the technology of Psychological trauma intervention.

2015, studied under professor Jin Hongyuan to learn “Metacognitive mental control technology”.

2016, obtained the certificate of “Certified music therapist”.

2. Main work experience

2001, taught in ChengXi Middle School as a music teacher.

2002-now, teach in Caihe Middle School as a music teacher.

2004-now, teach in Caihe Middle School as a psychological counseling teacher.

2007, cooperated with Hangzhou ICCIE to hold the courses “The observation of parent-child relationship” and “The sunshine action listen to yourself- middle school music psychology workshop”

2007, cooperated with Hangzhou Youth League Committee to hold the course “Greet the sunrise- music psychology workshop for students of the revision class of college entrance examination”.

2008, held the course “Improve personal skills-- music psychology workshop” for students of Zhejiang University of Technology.

2010, cooperated with Hangzhou City Express and 19 Lou Website to hold the course “Come near to yourself- music psychology workshop”.

2010, held the Music psychological growth group course “release the pressure and see yourself” for parts of the prison guards in Hangzhou Qiaosi Jail.

2014, held decompression course for middle-level and high-level staff of Shanghai Huawei Company; held the group counseling “for adult psychological development workshops; held the Music psychological growth group course “nurture the positive power of your heart” for parts of the prisoners in Hangzhou Qiaosi Jail.

2015, held “music psychological decompression workshop” for excellent salesmen in China Life Insurance Company; held the series of social lecture “The influence of family relationship on children”; became the special guest for Zhejiang FM 96.8 music radio; held numerous drum circle activities for adults, family members and youths; established Caihe Music therapy room.

2016, held music therapy lecture for Tonglu excellent headteachers; became the special guest for Zhejiang 107 private radio.