

# The Model of Clinical Practicum in Psychiatric Rehabilitation

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**Keywords:** music therapy; music therapy student; clinical practicum; Schizophrenia;

## Abstract

As the student who major in music therapy in Central Conservatory of Music (CCOM),We strived to become a qualified music therapists during the clinical practicum. Through the experience of practicum in psychiatric area, we would like to share it with others.

Beijing Ping An Hospital is one of the place for the music therapy students who attend practicum course in the Central Conservatory of Music (CCOM). The music therapy program has collaborated with the Psychiatric Rehabilitation in this hospital since 2013.

At the beginning of each semester, two or three music therapy students as a team will be assigned by the music therapy supervisor to work to the facility. Usually, the clients who participated in the music therapy group are referred by the nurse. In general, each group will have five to six clients. All of the clients are long-term hospitalization and diagnosed with schizophrenia in the group. Once the group members are confirmed, it would not allow the new members in.

Since 2013, there are six music therapy groups have done with the students' practicum . According to the APIE model, the music therapy students will set the goal and objectives after the assessment sessions. After each session, the students will have seminar by the supervisor. At the end of each semester, the target behaviors of the clients have a significant effect. It seems the students who in clinical practicum still can help the clients to improve their treatment goals with the help of the supervisor.

In conclusions: a) Music therapy has promotion in a certain degree psychosis patient's recovery. The client in the psychiatric rehabilitation will benefit from the music therapy practicum session. Therefore, further study is recommended to be investigated ;b) the experience of music therapy clinical practice in psychiatric rehabilitation plays a positive role in the practicum for the music therapy students. Even though it is a challenge for the students, the model of this case is of great significance to them.

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