

CURRICULUM VITAE

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EDUCATIONAL BACKGROUND

Ph.D.: University of Minnesota, Minneapolis, MN (Major, Music/Music Therapy;
August, 2005).
Area of focus: Higher education in music therapy and research.
Dissertation: The Effects of the Bonny Method of Guided Imagery and Music (GIM) on
Adults in Chemical Dependency Treatment: Sense of Coherence, Salivary Immunoglobulin
A and Interpersonal Problems.

LMFT: Alfred Adler Graduate School, Richfield, MN (August, 2006 - December, 2007)
Area of focus: licensure in marriage and family therapy and Adlerian psychotherapy.
Coursework, practicum and internship hours completed for eligibility for licensure in the
State of Minnesota.
State of Minnesota License (LMFT): #2301

Master's of Science (MS): Iowa State University, Ames, Iowa (May, 1996).
Area of focus: Counseling and Counseling Education.
Additional coursework taken at Temple University, Philadelphia, PA
Area of focus: Music therapy, Music Psychotherapy, and Music Medicine

Bachelor of Music Education/Music Therapy (BME-MT): Wartburg College,
Waverly, Iowa (December, 1990).
Major: Music Therapy and Music Education.
Registered Music Therapist status granted
Board certification (MT-BC) #04536
Teaching Certification

LICENSURE, CERTIFICATIONS AND ADVANCED TRAININGS

Licensed Marriage and Family Therapist, State of Minnesota Board of Marriage and Family
Therapy (January 2011), License #2301

A. Marilyn Sime Research Fellowship (2010 - 2012) Center for Spirituality and Healing,
University of Minnesota

Certification Board for Music Therapists (MT-BC) (November, 1991).
Certification #04536.

Temple University, Philadelphia, PA (May, 1999).
Certification in the Bonny Method of Guided Imagery and Music
Fellow with the Association for Music and Imagery (FAMI)

Colorado State University, Fort Collins, CO (March, 2003).
Certification in Neurological Music Therapy (NMT)

HealthRhythms Remo Advanced Facilitator Training (Empowerment Drumming), Remo, Inc.
(February, 2012). Los Angeles, CA.

HealthRhythms Remo Endorsed Facilitator (Empowerment Drumming), Remo, Inc.
(November, 2007 & January, 2010). St. Petersburg, FL.

HealthRhythms Training (Empowerment Drumming), Remo, Inc., (October, 2004)
Phoenix, AZ; (May, 2008) Chaska, MN.

FitRhythms Training, Remo, Inc. Los Angeles, California (October, 2006).

American Association of Art Therapy, Chicago, IL (October, 2004 & October, 2008).
Drawn Mandala - Level I

Mindfulness Based Stress Reduction through University of Minnesota, Center for Spirituality
and Healing. (February - March, 2008). St. Paul, MN.

PROFESSIONAL EMPLOYMENT

Director Master's in Music Therapy and Assistant Professor in Music (August 2013 – present) Augsburg College, Music Therapy Department. Designed master's in music therapy curriculum for this new program and designed course syllabi for the 20 graduate courses. Direct, market and supervise master's program and foster collaborations with healthcare settings throughout the metropolitan area for clinical, practicum and research experiences. Develop and manage program budget, expenditures and non-tuition based revenue streams.

Director of Music Therapy (June 1, 2015 – present) Division of Hematology and Oncology, Department of Pediatrics University of Minnesota Medical School. Develop and manage music therapy program at the University of Minnesota Masonic Children's Hospital. Collaborate with team and staff to address patient and family needs, supervise music therapy students, supervise music therapy research assistant, oversee music therapy data collection, and manage music therapy research projects.

Assistant Professor (January, 2010 - present) Academic Health Center's - Center for Spirituality and Healing. Develop and teach coursework related to music, health and healing, music in medicine, music and imagery and the creative arts and healing.

Adjunct Faculty (January, 2009 – July 2013). Augsburg College, Music Department. Provide clinical supervision for upper level practicum students at the University of Minnesota Children's Hospital- Amplatz. Taught senior music therapy seminar course and facilitated student sessions at Abbott-Northwestern Penny George Institute of Health and Healing with various practitioners.

Clinical Music Therapist and Licensed Marriage & Family Therapist: Melrose Institute (December. 2012 – August 2013). Provide individual, family, marital, and group therapy sessions, as well as music therapy sessions with clients in inpatient, residential and outpatient treatment. Also provide services to clients in the medical weight management program. Supervise music therapy interns. Developed creative arts based groups to add to the treatment curriculum.

Clinical Music Therapist and Licensed Marriage & Family Therapist: The Emily Program (June, 2007 – November 2012). St. Louis Park & St. Paul, MN. Facilitated individual, group music therapy sessions and marriage and family therapy with clients in outpatient and residential eating disorder treatment. Developed music therapy internship program and serve as music therapy clinical training director and supervisor. Created and facilitated outpatient music therapy groups.

Graduate Faculty (June, 2002 - December, 2009) Academic Health Center's - Center for Spirituality and Healing. Teach coursework related to music, health and healing, music in medicine, music and imagery, the creative arts and healing, creativity, and arts and healthcare.

Interim Director of Music Therapy (September, 2006 - August, 2007). University of Minnesota, School of Music. Taught music therapy courses, supervised practicum students, served as academic supervisor of student interns, interfaced with music therapists in the community, met with prospective students, and manage administrative aspects of the program.

Adjunct Faculty (September, 2003 - 2006). University of Minnesota, School of Music. Taught music therapy courses, supervise practicum students, oversee student interns, interface with music therapists in the community, and manage administrative aspects of the program.

Owner/Music Therapist: Music Medicine (private practice) (June, 1997 - present). Plymouth, MN. Employ and supervise the five board certified music therapists providing services throughout the metropolitan area to public schools, day programs, group homes, clinics and various healthcare agencies. Conduct trainings and workshops to inform and educate healthcare providers about music therapy.

Music Therapist: Park Nicollet Health Services - Eating Disorder Institute (June, 2001 - June, 2007). St. Louis Park, MN. Provide clinical music therapy services, conduct ongoing research and supervise music therapy interns from colleges and universities around the country.

Music Therapist: University of Minnesota Children's Hospital - Intensive Care Unit (January, 2006 - present). Minneapolis, MN. Provide individual and family based music therapy sessions to patients and families in Pediatric Intensive Care Unit and those in Pediatric Palliative Care. Supervise music therapy students in this clinical setting.

Music Therapist: Fairview - University Medical Center - Adolescent Mental Health Unit (May, 2000 - January, 2003). Minneapolis, MN. Provide clinical music therapy services on the inpatient adolescent mental health unit. Supervise music therapy intern.

Music Therapist: Kelly Institute: Chemical Dependency Day Treatment Program (March, 1997 - July, 2000). Minneapolis, MN. Provided group music therapy to adults in dual diagnosis program. Supervised music therapy students in this clinical setting.

Teaching Assistant: University of Minnesota School of Music in music therapy and music education. (September, 1996 - May, 1999). Minneapolis, MN. Taught music therapy courses and supervised practicum students under the supervision of the program coordinator. Assisted with completing administrating duties for the program.

Research Assistant: University of Minnesota, School of Music (September, 1999 - May, 2000). Minneapolis, MN. Conducted research activities as instructed by Director of the School of Music.

Music Therapist: Hastings Public School District (October, 1996 - June, 1997). Hastings, MN. Provided individual and group music therapy sessions throughout the school district (K-12) to children and adolescents with special needs

Music Therapist: Crestview Lutheran Home - Assisted Living Program (June, 1996 - October, 1996). Facilitated group music therapy sessions and intergenerational music therapy sessions, Columbia Heights, MN.

Music Therapist: Iowa Health System (Methodist Hospital and Iowa Lutheran Hospital (August, 1991-May, 1996). Provided individual and group music therapy for children, adolescent and adult mental health, physical rehabilitation center, children's hospital and throughout general medical floors. Developed and facilitated 'Families in Transition', a creative arts therapy program for children and families experiencing divorce

Music Therapist: Bernie Lorenz Recovery, Inc. (April, 1993 - September, 1994). Des Moines, Iowa. Conducted group music therapy sessions at chemical dependency day treatment program and halfway house for women

Music Therapist: Laughlin Pavillion Psychiatric Hospital (November, 1990 - August, 1991). Kirksville, Missouri. Conducted individual and group music therapy sessions on adolescent mental health unit. Conducted music therapy sessions in area public schools to address issues related to family separation related to military service.

RESEARCH EXPERIENCE (Funded)

A feasibility study to explore the impact of music therapy in an outpatient clinic setting: Patient-caregiver stress and satisfaction. (April 2015 – present). Co-PI on the study with, Lynn Gerhsan, MD. Study conducted in collaboration with University of Minnesota Masonic Children’s Hospital. Responsible for study design, preparing IRB documents, supervision of music therapist providing services as a part of the study, data analysis, attending research meetings and writing reports on study findings. Funded through the University of Minnesota Medical Foundation for \$30,000.

Determining dose of music for symptom management in ventilated ICU patients (grant submission date November 2015) Consultant on the study, PI Linda Chlan. Study conducted in collaboration with Ohio State University. Responsible for developing and preparing music playlists, uploading music to study tablets, participate in monthly research team meetings and write reports on study findings. Center for Scientific Review at the National Institutes of Health, Bethesda, MD. Grant number: R34

Survey of music therapy in adolescent inpatient mental health treatment (March 2015 – August 2015). Faculty supervisor for Undergraduate Research Grant Opportunity (URGO) for junior music therapy student. Collaborated with student on grant application, study design and development. Conducted twice weekly meetings to monitor research and study progress. Assisted with analyzing transcripts and data, as well as preparing manuscript for publication and presentations for upcoming conferences. Funded through Augsburg College Undergraduate Research Grant Office for \$5,500.00.

Effects of patient-directed music on symptoms among medical ICU patients (January 2014 – present). Co investigator with Linda Chlan, Nancy Redeker, Margaret Pisani, and Melissa Knauert. Study conducted in collaboration with Ohio State University and Yale University. Responsible for develop intervention budget, determining intervention equipment, managing music for the study, designing the music intervention and the nurses training. Funded through Ohio State University and Yale University. \$50,000 funded by Ohio State and Yale University Schools of Nursing.

Feasibility & acceptability of an active music making method with BMT patients and their parents (January 2013 to present). Principal investigator with John Wagner, MD as Co-investigator. Responsible for study design, supervision research assistant, manage research budget, facilitating study intervention, managing research and research data. \$25,000.00 funded by Hourglass Integrative Therapies Cancer Research Fund, part of the Masonic Cancer Center pilot program.

Qualitative Analysis of Themes, Content, and Personal Responses of Eating Disorder Clients to the Bonny Method of Guided Imagery and Music. (May, 2011 - present). Principal investigator. Responsible for supervising research assistant, conducting imagery and music sessions and managing research data. \$3000.00 funded by The Emily Program.

Pilot study of video imagery and music research protocol (April, 2011- April 2014). Principal investigator with Dr. Linda Chlan as Co-Investigator. Responsible for coordinating implementation of protocol with unit staff and training unit staff, training research assistant, managing research budget and research data. \$5,000.00 funded by the Center for Spirituality & Healing research grant.

The Use of Guided Imagery in the instruction of periodontal instrumentation skills: A pilot study (August, 2009 - July, 2011). Co-Investigator with Johnson, K. and Osborn, J. Responsible for co-creating guided imagery sessions utilized in study, facilitating guided imagery sessions, administering and analyzing imagery vividness inventory. \$1500.00 funded by the School of Dentistry at the University of Minnesota.

International Collaborations in Music Therapy (September, 2009 – September 2013). Co-Investigator with Jackson, N. Responsible for creating online survey, sending survey to music therapists from around the world, downloading and analyzing the research data. \$1000.00 funded by the Great Lakes Region of the American Music Therapy Association.

Collaborations in Music Therapy (November, 2008 – November 2012). Co-Investigator with Jackson, N. Responsible for creating online survey, sending survey to music therapists throughout the United States, downloading and analyzing the research data. \$1000.00 funded by Indiana University – Purdue at Fort Wayne, the Center for Spirituality and Healing at the University of Minnesota and The Emily Program.

Reducing Sedative Exposure in Ventilated ICU Patients (April, 2006 - April, 2011) Co-Investigator with Chlan, L., Engeland, W., Patterson, R., Skaar, D., Tracy, MF., and Weinert, C. (2006). Responsible for assessing subject music preferences and developing an individualized music listening protocol for each subject. (Multi-site study in the Twin Cities area). Center for Scientific Review at the National Institutes of Health, Bethesda, MD. Grant number: R01 NR009295 for \$1,400,00.00.

Pilot study of a research protocol with mechanically ventilated patients (December, 2005 -June, 2006) Co-investigator with Chlan, L., Weinert, C., and Tracy, MF. Responsible for assessing subject music preferences and developing an individualized music listening protocol for each subject. \$18,200 funded by School of Nursing for Health Trajectory Research (1 P20 NR08992 -01), Craig Weinert, MD Research Fund, Department of Pulmonary, Allergy & Critical Care, School of Medicine, and Office of Clinical Research, Academic Health Center, University of Minnesota.

The Effectiveness of Music Listening for Managing Stress and Anxiety for Eating Disorder Patients During Mealtimes (June, 2005 - January, 2007). Principal Investigator with Croll, J., as Co-Investigator. Responsible for supervising research assistants, protocol implementation, recruitment assessment subject music preferences and designing music listening protocols. \$26,950 funded by Park Nicollet Health Foundation, Innovation Grant, St. Louis Park, MN.

The Effects of the Bonny Method of Guided Imagery and Music (GIM) On Adults in Chemical Dependency Treatment: Sense of Coherence, Immunoglobulin A and Interpersonal Problems (June, 2000 - June, 2001). Responsible for subject recruitment, conducting experimental GIM sessions and collecting data. \$500.00 funded by the Great Lakes Region of The American Music Therapy Association.

OTHER FUNDED PROJECTS

Interprofessional Program & Curriculum Development (March 2015 – present). Working with an interprofessional core faculty group in professional studies programs to explore the development of interprofessional collaboration between graduate programs. Meet regularly with graduate faculty to design interprofessional experiences to be integrated into graduate courses. Attend Interprofessional Education Summit to further advance knowledge of interprofessional development in education as well. Funded through the MAGEC grant at the University of Minnesota for \$2,500.

Music Therapy in the Journey Clinic (March 2015 – present). Develop delivery service process, provide unit staff education and training, manage and maintain equipment, supervise students, provide patient directed and family centered music therapy services and generate reports summarizing project outcomes. Collaborate with Minnesota Medical Foundation and donor regarding the outcomes of services provided throughout the course of the grant. Funded by a grant through Minnesota Medical Foundation and private donor for \$35,000

Music Therapy on the Transplant Unit (November 2014 – present). Develop delivery service process, provide unit staff education and training, manage and maintain equipment, supervise students, provide patient directed and family centered music therapy services and generate reports summarizing project outcomes. Collaborate with Minnesota Medical Foundation and donor regarding the outcomes of services provided throughout the course of the grant. Funded by a grant through Minnesota Medical Foundation and private donor for \$35,000.

Minnesota Public Radio: Music, Health & Wellness products (January 2014 – present). Consult, advise and develop educational materials and imagery scripts for music, healthcare and wellness based products. Collaborate with MPR production team to design programmed music to improve sleep, foster relaxation, for guided imagery, and distraction through active listening. Funded by grant through Minnesota Public Radio for \$75,000.

Music and Imagery Resources and Tools for Bone Marrow Transplant Unit (December 2013 – March 2015). Consult with nurse manager and BMT team to develop music and imagery based resources and tools for use by the nurses on the unit. Developed materials, music listening resources, and training sessions. Funded by grant through the University of Minnesota Amplatz Children's Hospital for \$2,500.

Music and Yoga Project (May 2012 – present). Working staff and Woodbury Estates to develop an integrative care protocol to implement with memory care patients to reduce falls, psychotropic medication administration, and agitation. Collaborating with yoga instructor to design a music and yoga based protocol for staff facilitation. Developed music portion of the protocol, trained staff, provided consultation regarding determining patient needs, determined measures for protocol, and data collection process. Funded by a grant through Woodbury Estates for \$40,000.

Music Therapy in Eating Disorder Treatment (April 2013-August 2014). Designed and implemented music therapy and experiential based individual and group psychotherapy sessions to meet with needs of patients undergoing eating disorder treatment at Melrose Institute. Supervised music therapy interns. Funded by Park Nicollet Foundation for \$16,000.

Integrative Care Project: (August, 2011 – October 2013). Developed workshop and materials to train staff at the Veteran's Administration Medical Center in the use of imagery and therapeutic use of music for patient care. Collaborative project with faculty through the University of Minnesota Center for Spirituality and Healing and the Veteran's Administration Medical Center. Funded through the Veteran's Care Fund for \$50,000.

Wellscapes: (September, 2010-August 2012). Developed iApp in collaboration with renowned nature photographer, Craig Blacklock and Mary Jo Kreitzer to create a guided imagery and music nature based relaxation video. The Take 5 Series available for downloads include: Forest Awakens, Summer Sunrise, Winter Marsh, and Surf. Store in September 2011. The project has been funded through the University of Minnesota Center for Spirituality and Healing for \$5,000.

Ripples on Water: (January, 2011 – December 2012). Collaboration with nature photographer/videographer, Craig Blacklock to create a guided imagery nature video for University of Minnesota Amplatz Children's Hospital. Created guided imagery script and provided vocal recording of the guided imagery to accompany video and music components. The project has been funded through the University of Minnesota Center for Spirituality and Healing for \$5,000.

Take 5 Series: (November, 2010 - May, 2011). Collaboration with nature photographer/videographer, Craig Blacklock and Mary Jo Kreitzer to create a guided imagery nature video. Provided vocal recording of the guided imagery to accompany video and music components. Series includes five separate five minute guided imagery experiences. The project has been funded through the University of Minnesota Center for Spirituality and Healing for \$5,000.

The Forest Awakens: (July, 2009 - June, 2011). Collaboration with nature photographer/videographer, Craig Blacklock and Mary Jo Kreitzer to create a guided imagery nature video. The project has been funded through the University of Minnesota Center for Spirituality and Healing for \$5,000.

Garden of Pure Water: (May, 2008 - May, 2009). Collaboration with nature photographer/videographer, Craig Blacklock, Mary Jo Kreitzer and Steven Anderson to create a guided imagery nature video. Created and played music for Native American Flute to accompany video from University of Minnesota Landscape Arboretum. The project has been funded through the University of Minnesota Center for Spirituality and Healing for \$5,000.

Songs for Our Child: Personalized Lullaby DVD (June, 2008 - present). Project included purchase equipment and staff time for music therapy and poetry therapy sessions at the University of Minnesota Children's Hospital for pediatric patients and their families that are critically ill or at the end of life. The project involves families in creating a lullaby DVD for their child/loved one to help them sleep and relax. This project is funded by Target Corporation for \$1000.00, Coca Cola for \$5,000.00 and the Minnesota Medical Foundation for \$30,000.

American Hospital Association Circle of Life Award and Grant (January, 2007). Purchase electronic equipment and software for use in music therapy sessions at University of Minnesota Children's Hospital to meet the needs of patients and families at the end of life. The Circle Award and Grant is funded by the Circle of Life Award that the Transitions and Life Choices program received in 2006. The grant funded is for \$2,000.

Music Therapy Technology Upgrade: Instructional Improvement (December, 2006 - May, 2007). Purchase electronic equipment to upgrade the music therapy classroom and the use of technology in all of the music therapy courses and in music and healing courses offered through the Center for Spirituality and Healing. The Instructional Improvement grant funded by the College of Liberal Arts and the University of Minnesota for \$9,887.

FitRhythms in Eating Disorder Treatment (October, 2006). Completed FitRhythms training at the Remo Recreational Music Center in Los Angeles, CA. FitRhythms is a method of combining music making and facilitated movement to motivate individuals to engage in physical activity. It is a non-competitive approach and foster community, creativity and mind/body wellness. \$2,000 funded by Remo, Inc. and \$1,867.53 funded by Park Nicollet Health Foundation and the Eating Disorder Institute.

Complementary and Alternative Medicine Education Project (March, 2005 - present). Primary responsibility is to develop and write the music therapy web module for the New Medicine website and respond to questions about music therapy and music in healthcare submitted to *Ask the Expert*. M. Kreitzer, PI, Center for Spirituality and Healing, University of Minnesota, Minneapolis, MN. \$2,244,994 funded by the National Center for Complementary and Alternative Medicine (NCCAM), NIH #PAR-00-027.

Transitions and Life Choices (January, 2005 - May, 2006) Creative arts therapy (music therapy, art therapy, and poetry) initiative for end of life care for dying children and their families at University of Minnesota Children's Hospital. Primary responsibility is to provide music therapy services to children and their families. \$75,000 funded by Care Partners.

Music Therapy for Managing Stress and Relaxation (February, 2003 - July, 2003). Initiative to address the stress and anxiety of patients in the inpatient and partial programs in the Eating Disorder Institute. Primary responsibility was to develop an assessment tool to assess preferences for relaxation and secure the necessary equipment including yoga mats, Orff bass bars, compact discs and a Feeltone Soundwave. \$7,500 funded by Park Nicollet Health Foundation.

Transitions and Life Choices (January, 2002 - January, 2003). Creative arts therapy (music therapy, art therapy, poetry & spiritual care) initiative for end of life care for dying children and their families at University of Minnesota Children's Hospital. \$95,000 funded by the Deva House Grant.

PUBLICATIONS

Peer Reviewed Journal Articles

Heiderscheit, A. & Short, A. (in process). Interdisciplinary research in Guided Imagery and Music: Working collaboratively. *Association of Music and Imagery*.

Heiderscheit, A., Breckenridge, S., Chlan, L. (in process). Preferred music for mechanically ventilated adults: Data from a 4 year randomized controlled trial of mechanically ventilated patients. *Music and Medicine*.

Johnson, K. & **Heiderscheit, A.** (in process). A survey of music therapy methods and practices on adolescent mental health units. *Journal of Music Therapy*.

Heiderscheit, A. & Ucaner, B. (in process). Cultural and clinical exchange: An illustration from the United States and Turkey.

Heiderscheit, A., Gerhsan, L. Seamans, C., & Kandolph, J. (in process). Music therapy in pediatric intensive care: Post hoc analysis for clinical data.

Tracy, MF., Staugitis, A., Chlan, L., & **Heiderscheit, A.**, (2015). Perceptions of Patients and Families who Received a Music Intervention during Mechanical Ventilation. *Music and Medicine*, 7(3), 54-58.

- Heiderscheit, A.** & Madson, A. (2015). Use of the Iso Principle as a Central Method in Mood Management: A Music Psychotherapy Clinical Case Study. *Music Therapy Perspectives*, 33(1), 45-52.
- Heiderscheit, A.**, Breckenridge, S., Chlan, L., Savik, K (2014). Music preferences of mechanically ventilated patients participating in a randomized controlled trial. *Music and Medicine*, 6(2), p. 29-38.
- Heiderscheit, A.**, Kern, P., Spivey, J., Fachner, J., Register, D., Sundar, S., O'Callaghan, C., Magill, L., Behrens, G., Clements-Cortes, A., Barbe, M., Tucek, G., Fouche, S. Mildford, J., Gadberry, A., Loureiro, C., Kavaliova, A. Kwan, M. (2014). WFMT: Building on the past and moving into the future. *Music Therapy Today*, 10(1), p. 252-253.
- Heiderscheit, A.** & Chlan, L. (2014). International perspectives on collaborative research. *Music Therapy Today*, 10(1), 250-251.
- Chlan, L., Weinert, C., **Heiderscheit, A.**, Tracy, MF, Skaar, D., Guttormson, J., Savik, K. (2013). Effects of patient directed music intervention on anxiety and sedative exposure in critically ill patients receiving mechanical ventilatory support. *JAMA: Journal of the American Medical Association*. Published online May 20, 2013. 309(22); doi:10.1001/jama.2013.5670
- Heiderscheit, A.** & Jackson, N. (2011). Discovering Together: Music Therapy Collaboration. *Music Therapy Today*, 9(1), 88-89.
- Chlan, L., Patterson, B., & **Heiderscheit, A.** (2011). Data acquisition for a patient-directed protocol in the dynamic intensive care unit setting. *Contemporary Clinical Trials*, 32, 544-546.
- Heiderscheit, A.**, Chlan, L. & Donely, K. (2011). Instituting a music listening intervention for critically ill patients receiving mechanical ventilation: Exemplars from two patient cases. *Music and Medicine*, 3(4), 239-245.
- Chlan, L. & **Heiderscheit, A.** (2009). A tool for music preference assessment in critically ill patients receiving mechanical ventilatory support: An interdisciplinary approach. *Music Therapy Perspectives*, 27(1), 42-47.

Invited Articles

- Heiderscheit, A.**, Kern, P., Clements-Cortes, A., Gadberry, A., Milford, J. & Spivey, J. (2015). Advancing the World Federation of Music Therapy (WFMT) organization: Strategic planning process. *Music Therapy Today*.
- Heiderscheit, A.** & Bright, R. (2015). Interview with Dr. Ruth Bright: WFMT President 1990-1993. *Music Therapy Today*.
- Heiderscheit, A.** (2015) The World Federation of Music Therapy: Knowing and celebrating our history. *Music Therapy Today*.
- Chlan, L. & **Heiderscheit, A.** (2015). Letter to the editor: Re: Patient directed music therapy reduces anxiety and sedation exposure in mechanically ventilated patients: A research critique. *Australian Critical Care*, 28, 103-105. <http://dx.doi.org/10.1016/j.aucc.2015.07.008>.
- Heiderscheit, A.** (2014). Music Therapy Study: Offers harmonious growth opportunities. *Mandala*, p.10-11.
- Heiderscheit, A.** (2014). Memories of the 13th World Congress. *Voices*, 14(1).
- Heiderscheit, A.** & Nielsen, C. (2010). Making Music: A Medicinal Dose. *Caring*, (August), 14-17.
- Heiderscheit, A.** & Albrecht, J. (Fall, 2009) Songs for our Child: Lullaby DVD for Critically Ill Infants and Toddlers. *Imagine: Early Childhood Newsletter for the American Music Therapy Association*, 15, 9-10.

Abstracts

Heiderscheit, A. (2013). Global developments in music therapy. Published in the 2013 Music Therapy Conference of Asia Book of Abstracts.

Heiderscheit, A. (2013). Music therapy, autism, and ADHD. Published in the 2013 Music Therapy Conference of Asia Book of Abstracts.

Heiderscheit, A. (2013). BMGIM and mandalas: Addressing the complex, comorbid, and underlying issues of eating disorder patients. Published in the 9th European Music Therapy Congress Book of Abstracts.

Heiderscheit, A., Kern, P., Spivey, J., Behrens, G., Milford, J., Harrison, A., Kwan, M. (2013). Global development of music therapy: World Federation Council shares FAQs. Published in the 9th European Music Therapy Congress Book of Abstracts.

Heiderscheit, A. (2012). Qualitative Analysis of Imagery Themes and Client Perceived Benefits of the Bonny Method of Guided Imagery and Music (BMGIM) with Eating Disordered Clients. Published in International Association of Music and Medicine Conference Proceedings.

Chlan, L. & **Heiderscheit, A.** (2012). Effects of patient-initiated music listening on anxiety in mechanically ventilated ICU patients. Published in International Association of Music and Medicine Conference Proceedings.

Heiderscheit, A., Albrecht, J. & Ringgold, T. (2011). Addressing Patient and Family Needs During a Pediatric Intensive Care Unit (PICU) Stay: Personalized Lullaby DVD Project. *IX International Music Medicine Symposium Book of Abstracts.*

Chlan, L., **Heiderscheit, A.,** & Savik, K. (2011). Effects of Patient-Directed Music Listening on Anxiety in Mechanically Ventilated ICU Patients. *IX. International Society of Music Medicine Symposium Book of Abstracts.*

Heiderscheit, A., (2011). Qualitative Analysis of Imagery Themes and Client Perceived Benefits of the Bonny Method of Guided Imagery and Music (BMGIM) with Eating Disordered Clients. *IX. International Society of Music Medicine Symposium Book of Abstracts.*

Heiderscheit, A. (November, 2010). Music to manage anxiety in mechanically ventilated patients: Preliminary results of an NIH funded four year randomized controlled study. *Mozart and Science 2010: 3rd International Congress for the Interdisciplinary Research on the Effects and the Experience of Music in Medicine and Therapy Abstracts of Lectures and Posters Program, 22.*

Heiderscheit, A. & Jackson, N. (May, 2010). Uncovering Hidden Potentials: Collaboration of Music Therapists Around the World. *8th European Music Therapy Congress Book of Abstracts and Program, 36-37.*

Kern, P., Behrens, G., Gilbertson, S., **Heiderscheit, A.,** Fachner, J., Sabbatella, Choi, B. (2010). Music Therapy Worldwide: Exploring Trends and Challenges in Research, Practice, and Education. *8th European Music Therapy Congress Book of Abstracts and Programme, 12-14.*

Heiderscheit, A. & Chlan, L. (May/June, 2009). Music preference assessment in mechanically ventilated research subjects: Importance of a dynamic process. *Alternative Therapies In Health and Medicine, 15(3), 106-107* and *Explore: The Journal of Science and Healing, 5(3), 152.*

Heiderscheit, A. (July, 2008). Research and Clinical Aspects of Music Therapy in Eating Disorder Treatment. Proceedings from XII World Music Therapy Congress: World Federation of Music Therapy, University of Buenos Aires and Argentina Association for Music Therapy.

Heiderscheit, A. (November, 2001). The Effects of the Bonny Method of Guided Imagery and Music (GIM) On Adults in Chemical Dependency Treatment: Sense of Coherence,

Immunoglobulin A and Interpersonal Problems. Proceedings: Research Poster Session:
American Music Therapy Association National Conference. Pasadena, CA.

Books

Gardstrom, S., **Heiderscheit, A.**, Hiller, J., & Jackson, N. (in process). *The four music therapy methods: Exploration of our clinical perspectives and considerations for design and facilitation*. Philadelphia, PA. Barcelona Publishers.

Heiderscheit, A. & Jackson, N. (in process). *Music, Health and Wellness: Introduction to Music Therapy Practice*. Philadelphia, PA. Barcelona Publishers.

Heiderscheit, A. (Ed.). (November 2015). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Book Chapters

Magee, W. and **Heiderscheit, A.** (in process). Interdisciplinary Research. In Wheeler, B. (Ed.). *Music Therapy Research*. Gilsum, NH. Barcelona Publishers.

Heiderscheit, A. (2015). Introduction to the use of the creative arts therapies in eating disorder treatment. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Gargaro, E., Guertin, R. & **Heiderscheit, A.** (2015). Client perspectives on the use of the creative arts in eating disorder treatment. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

McFerran, K. & **Heiderscheit, A.** (2015). A multi-theoretical approach for music therapy in eating disorder treatment. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Heiderscheit, A. (2015). The Bonny Method of Guided Imagery and Music (BMGIM) in eating disorder Treatment. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Heiderscheit, A. & Melmed Marmor, T. (2015). Collaborative work in creative arts therapies. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Heiderscheit, A. & Wellstone, L. (2015). Family and multi-family experiential work using creative arts therapies. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Heiderscheit, A., Melmed Marmor, T. Saindon, S. & Wellstone, L. (2015). Collaborating with a creative arts therapist. In Heiderscheit, A. (Ed.). *Creative Arts Therapies in Eating Disorder Treatment*. London, England. Jessica Kingsley Publishers.

Heiderscheit, A. (2015). In Miraglia, D. & Brooke, S. (Eds.), *Using the creative therapies for grief and loss issues* (p. 157-179). Springfield, IL., Charles C. Thomas Publisher.

Chlan, L., Tracy, M., **Heiderscheit, A.**, Hetland, B. (2015). Nonpharmacological interventions for pain, agitation and delirium. In Clemmer, T., Balas, M., & Hargett, K. (Eds.), *ICU Liberation: The Power of Pain Control, Minimal Sedation and Early Mobility*, (p. 161-166). Mount Prospect, IL. Society of Critical Care Medicine.

- Heiderscheit, A. (2015). GIM in the Therapeutic Hour and case illustration of an adult client in eating disorder treatment. In Grocke, D. and Moe, T. (Eds.). *Guided Imagery and Music (GIM) and Imagery Methods for Individual and Group Therapy*, (99-107). London, England: Jessica Kingsley Publishers.
- Heiderscheit, A. (2015). Music, emotion and mood: Music Therapy and Depression. In Brooke, S., & Myers, C. (Eds.). *Using Creative Arts Therapies to Treat Depression*, (p. 121-140). Springfield, IL. Charles C. Thomas Publisher.
- Chlan, L. & Heiderscheit, A. (2014). *Music Intervention*, (99-116). In Lindquist, R., Snyder, M., & Tracy, M. F. (Eds.). *Complementary & Alternative Therapies in Nursing*.
- Heiderscheit, A. (2013). GIM: Deprivation and its Contribution to Pain in Eating Disorders. In Mondanaro, J. & Sara, G. (Ed.) *Music and Medicine: Integrative Models in the Treatment of Pain*, (p. 147-171). New York City, New York. Satchnote Press.
- Heiderscheit, A. (2013). Apoyo en Cirugia y Precedimientos con Adultos. In Allen, J. (Ed.). *Guia Para La Practica De La Musicoterapia Con Adultos Bajo Atencion Medica*. Gilsum, NH. Barcelona Publishers.
- Heiderscheit, A. (2013). Music therapy and spirituality. In Eyre, L. (Ed.). *Guidelines for Music Therapy Practice in Mental Health*, (p. 873-910). Gilsum, NH. Barcelona Publishers.
- Heiderscheit, A. (2013). Music therapy in Surgical and Procedural Support for Adult Medical Patients. In Allen, J. (Ed.). *Guidelines for Music Therapy with Adult Medical Patients*, (p. 17-34). Gilsum, NH. Barcelona Publishers.
- Heiderscheit, A. (2009). Music, Songs and Sobriety: An Overview of Music Therapy in Substance Abuse Treatment. In Brooke, S. (Ed.). *The Use of Creative Arts Therapies with Chemical Dependency Issues*. (p. 136-161). Springfield, IL. Charles C. Thomas Publisher.
- Heiderscheit, A. (2009). *The Key that Unlocks: Music Therapy and Autism*. In Brooke, S. (Ed.). *The Creative Arts Therapies and Autism*, (p. 239-254). Springfield, IL. Charles C. Thomas Publisher.
- Heiderscheit, A. (2008). Discovery and Recovery through Music: An Overview of Music Therapy in Eating Disorder Treatment. In Brooke, S. (Ed.). *The Creative Arts Therapies and Eating Disorders*, (p. 122-141). Springfield, IL, Charles C. Thomas Publisher.

Electronic Educational/Instructional Materials

- Heiderscheit, A. (September, 2008). Creative Arts Therapies. Published through the Center for Spirituality and Healing, Academic Health Center of the University of Minnesota at www.takingcharge.csh.umn.edu.
- Heiderscheit, A. (Revised April, 2012, February, 2008). Music Therapy. Published through the Center for Spirituality and Healing, Academic Health Center of the University of Minnesota at www.takingcharge.csh.umn.edu.

Reports/Monographs

- Heiderscheit, A. (October, 1998). Music Fills The Needs From 'Womb to Tomb'. Twin Cities Wellness. p. 16.
- Heiderscheit, A. (April, 1998). Music Offers Effective Therapy for Healing Imbalances In Our Bodies. The Edge, p. 42.
- Heiderscheit, A. (February, 1998). Music and Your Heart; The Power of Rhythm. Twin Cities Wellness, p. 12.
- Heiderscheit, A. (October, 1997). Music-The Most Natural Medicine in the World. Twin Cities Wellness, p. 10.

PROFESSIONAL PRESENTATIONS

Invited Presentations

- Heiderscheit, A. (July 2015). An introduction to music therapy with critically: Research informed practice Presentation and demonstration provided for medical, nursing and therapy staff at the Burn Rehabilitation Unit at Southwest Medical Center in Chongqing, China.
- Heiderscheit, A. (July 2015) An introduction to music therapy during pediatric hospitalization. Presentation and demonstration provided for staff at Children's Hospital of Chongqing Medical University in Chongqing, China.
- Heiderscheit, A. (April 2015). Plant, grow, & cultivate: Music therapy locally & globally. Keynote address presented at the 2015 Great Lakes Region of the American Music Therapy Association Conference in Minneapolis, MN.
- Heiderscheit, A. (April 2015). Fostering connectedness and resilience through music. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County and Allina Health System at Christ the King Retreat Center in Buffalo, MN.
- Heiderscheit, A. (January 2015). Music, healing and community health. Presented to members of Namibia Ministry of Health and nurses in Omaheke Region, Republic of Namibia as a part of Transcultural Nursing Leadership in Partnership with Community course offered through the Nursing Department of Augsburg College.
- Heiderscheit, A., & Koppula, J.** (November 2014). Music therapy clinical practice and research in pediatric medical care. Presented clinical and administrative staff at University of Minnesota Masonic Children's Hospital in Minneapolis, MN.
- Heiderscheit, A. (October 2014). Developing your music therapy research agenda. Presented to music therapy department faculty and students at the Central Conservatory of Music in Beijing, China.
- Heiderscheit, A. (October 2014). Interdisciplinary and collaborative music therapy research. Presented to Music therapy department, students and healthcare community at the Central Conservatory of Music in Beijing, China.
- Heiderscheit, A. (October 2014). Global Perspectives on Music Therapy. Presented at the 2014 Guangdong Annual Music Therapy Conference & Research Conference of National Music Therapy for Children at the Nanhai Affiliated Maternity and Children's Hospital of Guangzhou University of Chinese Medicine in Guangzhou, China.
- Heiderscheit, A. (October 2014). Music therapy and pediatric neurological disorders: Research and clinical practice. Presented at the 2014 Guangdong Annual Music Therapy Conference & Research Conference of National Music Therapy for Children at the Nanhai Affiliated Maternity and Children's Hospital of Guangzhou University of Chinese Medicine in Guangzhou, China.
- Heiderscheit, A. (October 2014). Music therapy with critically ill and traumatized patients: Research informed practice. Paper presented at the 2014 Chinese Burn Association Annual Academic Meeting and 2nd International Symposium on Burn Rehabilitation and Wound Healing in Chongqing, China, hosted by the Institute of Burn Research at Southwest Hospital Third Military University.
- Nosek-Licul, M., Sundar, S., Barcellos, L., Trondalen, G., Inoue, S., & **Heiderscheit, A.** (July 2014). Traditions and Cultural Diversity in Music Therapy. Spotlight Session presented at the 14th World Congress of Music Therapy and sponsored by the World Federation of Music Therapy and IMC University of Applied Sciences/Austria in Vienna, Austria.
- Heiderscheit, A. & Doak, B. (May 2014). Music Therapy in Mental Health Treatment. Three hour workshop presented to music therapy staff at MacPhail Center for Music, Minneapolis, MN.

- Heiderscheit, A. (April 2014). Clinical applications of music based imagery for pain management II. Half day workshop to train nursing staff in utilizing imagery techniques to assist in patient care at University of Minnesota Amplatz Children's Hospital, Minneapolis, Minnesota.
- Heiderscheit, A. (April 2014). The Arts in Health and Healing. Presentation as a part of a series on the work of the Center for Spirituality and Healing. Provided to the Osher Lifelong Learning Institute at the McNamara Center at the University of Minnesota.
- Heiderscheit, A. (January 2014). Clinical applications of imagery for pain management I. Half day workshop to train nursing staff in utilizing imagery techniques to assist in patient care at University of Minnesota Amplatz Children's Hospital, Minneapolis, Minnesota.
- Heiderscheit, A. (March 2014). World Federation of Music Therapy: Mission, purpose and presence. Informational presentation provided to the Japanese Music Therapy Association, Japan National Tourism Organization and Tsukkuba Tourist and Convention Association in Tokyo, Japan.
- Heiderscheit, A. (March 2014). Clinical applications of healing imagery. All day workshop to train Child and Family Life Specialists in utilizing imagery with patients and families at University of Minnesota Amplatz Children's Hospital, Minneapolis, Minnesota.
- Heiderscheit, A. & Kern, P. (November 2013). WFMT: Building on the past... moving into the future. Presentation regarding advancements and developments in the WFMT at the Global Perspectives session at the American Music Therapy Conference in Jacksonville, Florida.
- Heiderscheit, A. (November 2013). Music therapy, spirituality & wellbeing. A two day workshop and seminar sponsored by and presented at Chuan Hua Music Therapy Institute in Taipei City Taiwan.
- Heiderscheit, A. (November, 2013). Global developments in music therapy. Lecture presented at the 2013 Music Therapy Conference of Asia: Pythagoras, the Lamdboma Music Therapy and Eastern and Western Music Therapy. Sponsored by the Chung Hua Music Therapy Institute and held at the Taiwan Veteran's General Hospital Research Center in Taipei City, Taiwan.
- Heiderscheit, A. (November, 2013). Music therapy, autism, and ADHD. Lecture presented at the 2013 Music Therapy Conference of Asia: Pythagoras, the Lamdboma Music Therapy and Eastern and Western Music Therapy. Sponsored by the Chung Hua Music Therapy Institute and held at the Taiwan Veteran's General Hospital Research Center in Taipei City, Taiwan.
- Heiderscheit, A. (September 2013). Clinical uses of guided imagery and music with children. Lecture and demonstration at Gillette Children's Hospital. Sponsored by Department of Child and Family Life Services at Gillette Children's Hospital in St. Paul, MN
- Heiderscheit, A. (April 2013). Food for Your Ears. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County and Allina Health System at Christ the King Retreat Center in Buffalo, MN.
- Heiderscheit, A. & Baird, A. (March, 2013). Medical and Psychological Aspects of Eating Disorders. Presented at Women's Health Week at the University of Minnesota Medical School. Sponsored by the University of Minnesota Medical School, Minneapolis, MN.
- Heiderscheit, A. (February, 2013). Patient directed music protocol for mechanically ventilated patients: Music data from a randomized controlled trial. Presented at the International Conference on Clinical Specialties & Music Therapy in India. Sponsored by the Bharathi Educational Trust and the Chennai School of Music Therapy, held at Accord Hotel in Pondicherry, India.
- Heiderscheit, A. (September, 2012). Strengthening the profession: Music therapy through collaboration. Keynote address at the national conference of the Australian Music Therapy Association in Sydney, Australia. Sponsored by the University of Melbourne, Casio Sound Technology, and Music and Imagery Association of Australia.

- Heiderscheit, A. (September, 2012). Collaboration, connectedness and resilience: Fostering the Professional and Profession of Music Therapy. Keynote workshop as a part of the Professional Development Series at the national conference of the Australian Music Therapy Association in Sydney, Australia. Sponsored by University of Melbourne, Casio Sound Technology, and Australian Music Therapy Association.
- Heiderscheit, A. (September, 2012). The use of the BMGIM in addictions and eating disorder treatment: Research and Clinical Practice. Sponsored by the University of Melbourne Music Conservatorium and the Music and Imagery Association of Australia. Presented at University of Melbourne in Melbourne, Australia.
- Heiderscheit, A.** and Chlan, L. (June, 2012). Music and Healing & Music and Healing Experiential. Lecture and demonstration at Holistic Health & Healing, sponsored by University of Minnesota Center for Spirituality & Healing, Woodwinds Health Campus, North Hawaii Community Hospital and University of Minnesota School of Nursing at Woodwinds Health Campus in Woodbury, MN.
- Heiderscheit A.** and Murphy, K. (March, 2012). Music therapy in the treatment of eating disorders and addictions. Presentation sponsored by Indiana Purdue-University Fort Wayne and University of Dayton, hosted at Indiana Purdue-University Fort Wayne School of Music in Fort Wayne, Indiana.
- Heiderscheit, A. (March, 2012). Music for health & healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (January, 2012). GIM: Deprivation and its contribution to pain. Lecture and demonstration presented at the Annual Music & Medicine Pain Symposium at Beth Israel Medical Center and the Louis Armstrong Center for Music Medicine. Sponsored by Beth Israel Medical Center, Albert Einstein College of Medicine, and Purdue University.
- Young, M. & **Heiderscheit, A.** (August, 2011). Beaker & Brush Discussions: Music, Movement and the Mind. A presentation and dialogue between an artist and research exploring the impact of the arts on the mind and body. Presented research on the effects of music on the mind and movement. Sponsored by the Science Museum of Minnesota and St. Paul Art Crawl.
- Heiderscheit, A. (June, 2011). Music Therapy and Music Medicine: A multi-faceted approach to meeting the needs of hospitalized children and their families. Onsite tour and interactive presentation of University of Minnesota – Amplatz Children during the IX International Music Medicine Symposium, sponsored by the International Society of Music Medicine, Augsburg College and the American Music Therapy Association at Augsburg College, Minneapolis, MN.
- Chlan, L. & **Heiderscheit, A.** (June, 2011). Music and Healing & Music and Healing Experiential. Lecture and demonstration at Holistic Health & Healing, sponsored by University of Minnesota Center for Spirituality & Healing, Woodwinds Health Campus, North Hawaii Community Hospital and University of Minnesota School of Nursing at Woodwinds Health Campus in Woodbury, MN.
- Heiderscheit, A. (June, 2011). Qualitative Analysis of Themes, Content and Personal Responses of Eating Disordered Clients to the BMGIM. Research lecture and presentation at the University of Minnesota Eating Disorder Journal Club. Sponsored by the University of Minnesota Department of Psychiatry.
- Heiderscheit, A. (March, 2011). Music for health & healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A.** & Barrett-Birk, C. (December, 2010). What's the Storytelling? All day workshop for nurses focused on the power of stories in health and healing and what stories communicate about us, our patients and how to use these tools to better understand the health and well-being of patients we serve. Sponsored by the Penny George Family Foundation, Allina Hospitals and Clinics, University of Minnesota School of Nursing and the University of Minnesota Center for Spirituality and Healing, held at The Lodge on the Lake in Eagan, MN.

- Heiderscheit, A. (November, 2010). Music to manage anxiety in mechanically ventilated ICU patients: Preliminary results of an NIH funded four year randomized controlled study. Keynote lecture at the Mozart & Science 2010: 3rd International Congress Music in Medicine and Therapy, sponsored by the International Association for Music and Medicine, International Music & Art Research Association of Austria and University of Applied Sciences Austria at Kloster Und in Krems, Austria.
- Chlan, L. & **Heiderscheit, A.** (June, 2010). Music and Healing & Music and Healing Experiential. Lecture and demonstration at Holistic Health & Healing, sponsored by University of Minnesota Center for Spirituality & Healing, Woodwinds Health Campus, North Hawaii Community Hospital and University of Minnesota School of Nursing at Woodwinds Health Campus in Woodbury, MN.
- Heiderscheit, A. (May, 2010). Empowerment Drumming. Experiential event at the Ways of Knowing Conference. Sponsored by the Center for Spirituality & Healing and the Life Science Foundation at the University of Minnesota Landscape Arboretum in Chaska, MN.
- Endrizzi, A., **Heiderscheit, A.**, Geldernick, D., Nash, E., & Rootes, M. (April, 2010). Alternative Therapies Panel. Panel presentation at the Dakota County Early Childhood Special Education 2010 Parent Retreat and Conference. Sponsored by Dakota County Interagency Early Intervention Committee and Arc Greater Twin Cities.
- Heiderscheit, A. (March, 2010). Music for health & healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Albrecht, J., **Heiderscheit, A.**, & Hovey, D. (October, 2009). The Healing Power of Music Therapy and Poetry Therapy. Lecture and demonstration at the Advanced Topics in Palliative Care Conference, sponsored by the Ethics Committee and University of Minnesota Medical Center – Fairview and Amplatz-University of Minnesota Children’s Hospital in Minneapolis, MN.
- Chlan, L. & **Heiderscheit, A.** (June, 2009). Music and Healing & Music and Healing Experiential. Lecture and demonstration at Holistic Health & Healing, sponsored by University of Minnesota Center for Spirituality & Healing, Woodwinds Health Campus, North Hawaii Community Hospital and University of Minnesota School of Nursing at Woodwinds Health Campus in Woodbury, MN.
- Bonk R. & **Heiderscheit, A.** (May, 2009). Music, mandalas and self. Lecture, demonstration presented at Ways of Knowing Symposium, sponsored by Life Sciences Foundation and Center for Spirituality and Healing at Oakridge Conference Center in Chaska, MN.
- Melmed-Marmor, T. & **Heiderscheit, A.** (April, 2009). Creative arts in the treatment of eating disorders. Lecture and demonstration presented at The Emily Program all staff training seminar in St. Paul, MN
- Albrecht, J., Chlan, L., Donley, K., **Heiderscheit, A.**, Knutson, L., Kreitzer, M. & Plotnikoff, G. (March, 2009). Music Medicine Institute: Integrating Music Therapy into the Medical Environment. Eight hour CMTE Institute presented at the 56th Annual Conference of the Great Lakes Region of the American Music Therapy Association in Bloomington, MN.
- Heiderscheit, A. (March, 2009). Songs As Psychotherapy. Five hour Continuing Music Therapy Education lecture and demonstration presented at the 56th Annual Conference of the Great Lakes Region Music Therapy Conference in Bloomington, MN.
- Heiderscheit, A., (March, 2009). Music for healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (February, 2009). Music Therapy: Music for Health, Healing & Wellness. Lecture and demonstration at 2nd Annual Holistic Therapies conference, sponsored by Allina Hospitals and Clinics, North Memorial Hospital, Regions Hospital and Anoka Ramsey Community College at the University of Minnesota, St. Paul, MN.
- Heiderscheit, A.** & Walls, L. (October, 2008). Understanding Eating Disorders. Lecture and demonstration at Edina Middle School, sponsored by The Emily Program at Edina, MN.

- Chlan, L. & **Heiderscheit, A.** (June, 2008). Overview of Music and Healing & Music and Healing Experiential. Lecture and demonstration at Holistic Health & Healing, sponsored by University of Minnesota Center for Spirituality & Healing, Woodwinds Health Campus, North Hawaii Community Hospital and University of Minnesota School of Nursing at Woodwinds Health Campus in Woodbury, MN.
- Heiderscheit, A. (April, 2008). Music for Health & Wellness. Demonstration at the Minnesota Gerontological Society Annual Conference at the Earle Brown Heritage Center in Brooklyn Center, Minnesota.
- Heiderscheit, A.** & Schwartzberg, T. (April, 2008). Healing Power of Music. Lecture and demonstration through the Osher Lifelong Learning Institute. Sponsored by the University of Minnesota Center for Spirituality & Healing at MacPhail Center for Music, Minneapolis, MN.
- Halberg, J. & **Heiderscheit, A.** (April, 2008). Art as a Pathway to Healing. Lecture and demonstration as a part of the Osher Lifelong Learning Institute. Sponsored by the University of Minnesota Center for Spirituality & Healing at The Guthrie, Minneapolis, MN.
- Heiderscheit, A. (March, 2008). Music in Your Life. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (February, 2008). Music in Health and Healing . Lecture and demonstration at Holistic Healing Conference at the University of Minnesota. Sponsored by Anoka-Ramsey Community College, Mercy, Unity & Regions Hospitals and North Memorial, St. Paul, MN.
- Heiderscheit, A. (October, 2007). Music in Your Life. Lecture and demonstration at 'If You're Too Busy to Laugh, You're Too Busy' Women's Retreat. Sponsored by Humor Xchange at Ruttger's Sugar Lake Lodge in Grand Rapids, MN.
- Heiderscheit, A. (October, 2007). Empowerment Drumming. Demonstration and experiential workshop at the Spa Day for Your Soul a retreat for women. Sponsored by Wayzata Community Church, Wayzata, MN.
- Heiderscheit, A. (June, 2007). Music and Your Health. Lecture and demonstration at General Mills Employee Wellness Day. Sponsored by General Mills in Minneapolis, MN.
- Heiderscheit, A.** & Chlan, L. (June, 2007). Music, Health and Healing. Lecture and demonstration at the Holistic Health and Healing Institute. Sponsored by the University of Minnesota Center for Spirituality and Healing and Woodwinds Hospital in Woodbury, MN.
- Heiderscheit, A. (March, 2007). Music in Your Life. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A.** & Christensen, D. (January, 2007). Music as Metaphor. Experiential intervention at the First Minnesota Creative Arts Therapy Association (MNCATA) meeting. Sponsored by MNCATA.
- Heiderscheit, A. (October, 2006). Music to Nurture the Soul. Lecture and demonstration at Spa Day for Your Soul a retreat for women. Sponsored by Wayzata Community Church.
- Heiderscheit, A. (March, 2006). Empowerment Through Music. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (March, 2006) Music & Mandalas. In-service for music therapists and music therapy interns at Methodist Hospital. Sponsored by the Eating Disorder Institute at Methodist Hospital. St. Louis Park, MN.
- Heiderscheit, A.** & Ufer, C. (September, 2005). Music Therapy and Pain Management. Lecture for medical and hospital staff. Sponsored by the pain committee at Methodist Hospital. St. Louis Park, MN.
- Heiderscheit, A. (November, 2004). Music Therapy in Psychiatry: Adults and Adolescents. Lecture for psychiatry resident from Hennepin County Medical Center and Regions Hospital. Sponsored by the Department of Psychiatry of Hennepin County Medical Center.

- Heiderscheit, A. (March, 2004). Music to Move You. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (March, 2003). Music, Imagery & Healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (March, 2002). Music, Health & Healing. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (March, 2000). Music & Wellness. Lecture and demonstration at the Connect Retreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. (March, 1999). Music and Health. Lecture and demonstration at the ConnectRetreat for women surviving cancer. Sponsored by the Human Services Department of Wright County, Buffalo, MN.
- Heiderscheit, A. & McCoy, C.** (January, 1999). Those Who Can...Music Education and Music Therapy an Important Option. Lecture and demonstration for students attending the Grammy in the Schools program. Sponsored by the National Academy of Recording Arts and Sciences (NARAS) Foundation, Inc., at the University of Minnesota, Minneapolis, MN.
- Heiderscheit, A. (January, 1999). Music Therapy: Theory and Practice. Lecture and demonstration for students in alternative health education course. Sponsored by Health Education Department at Gustavus Adolphus College, St. Peter, MN.
- Heiderscheit, A. (December, 1998). Imagery and Music. Lecture and demonstration presented for congregational and community members. Sponsored by adult education at Valley of Peace Lutheran Church, Golden Valley, MN.
- Heiderscheit, A. (December, 1998). Music as Medicine. Lecture and demonstration presented for congregational and community members. Sponsored by adult education at Valley of Peace Lutheran Church, Golden Valley, MN.
- Heiderscheit, A. (November, 1998). The Use of Music as Medicine. Lecture and demonstration presented for clinic staff and clients of the Marsh: Center for Balance and Wellness, Minnetonka, MN.
- Heiderscheit, A. (October, 1998). Providing Music Experiences for Adults with Special Needs. Lecture/demonstration presented for the Committee for Institutional Cooperation Conference (conference for Music Education/Music Therapy faculty of all the Big Ten Schools) Minneapolis, MN.
- Heiderscheit, A. (September, 1998). Physiological Effects of Music. Lecture and demonstration presented to massage therapists, sponsored by the Sister Rosalind Gefre Professional Massage Center, St. Paul, MN.
- Heiderscheit, A. (August, 1998.) The Use of Music As Medicine. Lecture and demonstration presented to members of the American Association of University Women, Spring Park, MN.
- Heiderscheit, A. (February, 1998). Music and Your Health. Lecture presented at Women Aware Conference, Sponsored by the Jewish Women's Council, Minneapolis, MN.
- Heiderscheit, A. (February, 1998). Mind, Body and Music. Lecture and demonstration presented at the Studio, an art studio for faculty, staff, students and the community of the University of Minnesota, Minneapolis, MN.
- Heiderscheit, A. (March, 1998). Music as Medicine. Lecture and demonstration presented at Open U, an organization offering workshops and classes for the surrounding communities, Minneapolis, MN.
- Heiderscheit, A. (April, 1998). Using Music As a Complementary Therapy. Lecture and demonstration presented at the Women & Wellness: A program for health care professionals. Sponsored by the University of Minnesota Extension Services in Alexandria, MN.

- Heiderscheit, A. (April, 1998). *Managing Stress With Music*. Lecture and demonstration presented to faculty, staff and students of the University of Minnesota. Sponsored by Boyton Health Services, Minneapolis, MN.
- Heiderscheit, A. (July, 1998). *Music Psychotherapy: The Bonny Method of Guided Imagery and Music*. Lecture and demonstration presented to the Abbott Northwestern pastoral care staff, residents and interns. Sponsored by the Allina Health Systems, Minneapolis, MN.
- Heiderscheit, A. (April, 1996). *Music and Grief*. Lecture and demonstration presented at the Gift of Grief Workshop. Sponsored by Iowa Methodist Medical Center, Des Moines, Iowa.
- Heiderscheit, A. (December, 1995). *The Efficacy of Music Therapy in Hospice*. Lecture and demonstration presented to hospice volunteers and caregivers. Sponsored by Central Iowa Hospice.
- Heiderscheit, A. (October, 1995). *Music and Movement In Rehabilitation*. Lecture and demonstration presented for the Central Iowa Stroke Survivor and Caregiver Conference in Des Moines, IA. Sponsored by the American Heart Association.
- Heiderscheit, A. (November, 1994). *Music Therapy and Alzheimer's Disease*. Lecture and demonstration presented at the Governor's Conference on Alzheimer's Disease in Des Moines, IA.
- Heiderscheit, A. (March, 1994). *Music and Memories*. Lecture and demonstration for Alzheimer's caregivers. Sponsored by Plymouth Congregational Church, Des Moines, IA.
- Hawkins, K. & **Heiderscheit, A.** (September, 1992). *The Influences of Music on Adolescent Behavior*. Lecture and demonstration presented at the Central Iowa Music Therapy Conference in Ankeny, Iowa.
- Heiderscheit, A. (February, 1992). *Music Therapy Interventions with Acute Psychiatric Clients*. Lecture and demonstration presented at Wartburg College; sponsored by the Wartburg College Music Therapy Student Association, Waverly, IA.
- Hawkins, K. & **Heiderscheit, A.** (September, 1991). *The Influence of Music on Adolescent Behavior*. Lecture and demonstration presented for the Coalition for the Family & Children's Services of Iowa, Des Moines, IA.

Peer-reviewed presentations

- Heiderscheit, A.** & Koppula-Skrien, J. (November 2015). *Building a pediatric hospital based music therapy program through philanthropy*. Concurrent session presented at the 2015 Annual American Music Therapy Association Conference in Kansas City, Missouri.
- Heiderscheit, A.** & Shelton, D. (November 2015). *Music therapy in eating disorder treatment: Clinical considerations, applications and evidence*. Concurrent session presented at the 2015 Annual American Music Therapy Association Conference in Kansas City, Missouri.
- Clements-Cortes, A., Behrens, G. Fienman, R., Gadberry, A., **Heiderscheit, A.**, Mercadal Brotons, M., Register, D., Spivey, J. Tague, D., Zanini, C. (November 2015). *WFMT 30th Anniversary: Celebrating our history and growth*. Workshop presented at the 2015 American Music Therapy Association Conference in Kansas City, MO.
- Heiderscheit, A.**, Albrecht, J., Bulger, T., Blum, S. & Scarborough, K. (November 2015). *Leveraging technology & collaboration: Music, music therapy and the GetWell Network*. Workshop presented at the 2015 American Music Therapy Association Conference in Kansas City, MO.
- Johnson, K. & **Heiderscheit, A.**, Lee, J. (November 2015). *Music therapy in adolescent mental health inpatient treatment: Survey of current practices*. Concurrent session presented at the 2015 Annual American Music Therapy Association Conference in Kansas City, MO.

- Murphy, K., **Heiderscheit, A.**, Jackson, N., Greenstone, L. (November 2015). Treating symptoms of temporal disturbance with the creative arts therapies. All day workshop presented at the 2015 Expressive Arts Therapy Summit in New York City, New York.
- Heiderscheit, A.**, Albrecht, J., Bulger, T., Blum, S. & Scarborough, K. (April 2015). Leveraging technology & collaboration: Music, music therapy and the GetWell Network. Workshop presented at the 2015 Great Lakes Region of the American Music Therapy Association Conference in Minneapolis, MN.
- Heiderscheit, A.**, Gardstrom, S., Hiller, J., & Jackson, N. (April 2015). Working in the music: Advancing clinical practice skills. Five hour CMTE course presented presented at the 2015 Great Lakes Region of the American Music Therapy Association Conference in Minneapolis, MN.
- Dimicelli-Mitran, L., McDougal-Miller, D., & **Heiderscheit, A.** (April 2015). How GIM informs other music Therapy work: Influence & inspiration. Workshop presented at the 2015 Great Lakes Region of the American Music Therapy Association Conference in Minneapolis, MN.
- Heiderscheit, A. (2014). Music preference data from a four-year multi-site randomized controlled trial. Research paper presented at the Annual American Music Therapy Conference in Louisville, Kentucky.
- Heiderscheit, A.**, Gadberry, A., & Fienman, R. (2014). Cultural diversity in Action: Highlights from the 2014 World Congress. Presentation as a part of the International and Global Perspectives session at the Annual American Music Therapy Conference in Louisville, Kentucky.
- Short, A. & **Heiderscheit, A.** (2014). Music therapy in the context of inter-professional care: Connections and conversations for improved healthcare. Presentation at the 14th World Congress of Music Therapy and sponsored by the World Federation of Music Therapy and IMC University of Applied Sciences/Austria in Krems, Austria.
- Murphy, K., Jackson, N., **Heiderscheit, A.** O'Callaghan, C., & Magill, L. (2014). Music and Time: International Perspectives. Pre-congress seminar presented at the 14th World Congress of Music Therapy and sponsored by the World Federation of Music Therapy and IMC University of Applied Sciences/Austria in Vienna, Austria.
- Heiderscheit, A.**, Kern, P., Spivey, J., Clements-Cortes, A., Behrens, G., Register, D., O'Callaghan, C., Barbe, M., Magill, L., Fouche, S., Fachner, J., Milford, J., Loureiro, C., Gadberry, A., Sundar, S., Harrison, A., Kavaliova, A., Kwan, M., and Tucek, G. (2014). WFMT: State of the Organizations 2011-2014 Council and Candidates presented at the 14th World Congress of Music Therapy and sponsored by the World Federation of Music Therapy and IMC University of Applied Sciences/Austria in Krems, Austria.
- Heiderscheit, A.**, Chlan, L. & Short, A. (2014). International Perspectives on Collaborative Music Therapy Research, presented at the 14th World Congress of Music Therapy and sponsored by the World Federation of Music Therapy and IMC University of Applied Sciences/Austria in Vienna and Krems, Austria.
- Heiderscheit, A. (2014). Music preferences of mechanically ventilated patients participating in a randomized controlled trial. Presented at the 3rd International Conference of the International Association of Music and Medicine in Toronto, Canada.
- Heiderscheit, A. (2014). International developments in music therapy: Advancing the profession. Presented at Midwest Regional Conference of the American Music Therapy Association in Springfield, MO.
- Heiderscheit, A. (2014). BMGIM in clinical practice & research for clients in eating disorder treatment. Presented at Midwest Regional Conference of the American Music Therapy Association in Springfield, MO.
- Heiderscheit, A.**, Brison, M., Graham, S. & Vest, T. (2013). Sentimental Journey: The use of songs to make meaning. Presented at the American Music Therapy Conference in Jacksonville, Florida.
- Murphy, K. & Heiderscheit, A. (2013). Creative treatment for addiction & eating disorders: Healing body, mind, and spirit. Workshop reviewing the clinical and underlying struggles in

treatment of addictions and eating disorders, and developing, implementing and integrating a creative treatment model approach. Presented at the Expressive Therapies Summit, New York City, New York

Heiderscheit, A. (2013). BMGIM and mandalas: Addressing the complex, comorbid, and underlying issues of eating disorder patients. Workshop exploring the use of the BMGIM and mandalas in the therapeutic process with eating disorder patients at the 9th European Music Therapy Congress.

Heiderscheit, A., Kern, P., Spivey, J., Behrens, G., Milford, J., Harrison, A., Kwan, M. (2013). Global development of music therapy: World Federation Council shares FAQs. Roundtable panel presentation on how the WFMT foster global development of music therapy at the 9th European Music Therapy Congress.

Choi, B., Kern, P., **Heiderscheit, A.**, Tucek, G., Spivey, J., Clements-Cortes, A., Behrens, G., Kim, K., Youngshin, K. & Gadberry, A. (October, 2012). Supporting Music Therapy Worldwide: Latest Projects and Events. Roundtable panel presentation regarding process and progress of the WFMT and WFMT Council at the American Music Therapy Association annual conference in St. Charles, IL.

Heiderscheit, A. (July, 2012). Qualitative Analysis of Imagery Themes and Client Perceived Benefits of the Bonny Method of Guided Imagery and Music (BMGIM) with Eating Disordered Clients. Presented at the International Association for Music & Medicine II Conference in Bangkok, Thailand. Sponsored by the International Association of Music & Medicine, Chulalongkorn University, Association of South East Asian Nations, and Bureau of Alternative Medicine, Ministry of Public Health.

Chlan, L. & **Heiderscheit, A.** (July, 2012). Effects of patient-initiated music listening on anxiety in mechanically ventilated ICU patients. Presented at the International Association for Music & Medicine II Conference in Bangkok, Thailand. Sponsored by the International Association of Music & Medicine, Chulalongkorn University, Association of South East Asian Nations, and Bureau of Alternative Medicine, Ministry of Public Health.

Young, J., Magee, W., Tucek, G., Tomaino, C., & **Heiderscheit, A.** (July, 2011). Spotlight Session: Music Therapy & Medicine. Panel presentation and discussion sponsored by the World Federation of Music Therapy at Sookmyung Women's University in Seoul, South Korea.

Heiderscheit, A. & McFerran, K. (July, 2011). International Perspectives on Music Therapy in Eating Disorder Treatment: Research and Clinical Aspects. Presented at the XI World Congress of Music Therapy, sponsored by the World Federation of Music Therapy at Sookmyung Women's University in Seoul, South Korea.

Kern, P., **Heiderscheit, A.**, Sabbatella, P., Tait, A., Choi, B., Behren, G., Loureiro, C., & Gilbertson, S. (July, 2011). WFMT 2008-2011: Stabilization, Production and Transition. Roundtable panel presentation regarding the 2008 - 2011 process and progress of the WFMT Council, presented at the XI World Congress of Music Therapy, sponsored by the World Federation of Music Therapy at Sookmyung Women's University in Seoul, South Korea.

Heiderscheit, A., Jackson, N, Cominardi, C., & Tait, A. (2011). Discovering Together: An International Panel Discussion on Music Therapy Collaboration. Presentation and discussion presented at the XI World Congress of Music Therapy, sponsored by the World Federation of Music Therapy at Sookmyung Women's University in Seoul, South Korea.

Heiderscheit, A., Albrecht, J. & Ringgold, T. (2011). Addressing Patient and Family Needs During a Pediatric Intensive Care Unit (PICU) Stay: Personalized Lullaby DVD Project. Concurrent session presented at the IX International Music Medicine Symposium, sponsored by the International Society of Music Medicine, Augsburg College and the American Music Therapy Association at Augsburg College in Minneapolis, MN.

Chlan, L., **Heiderscheit, A.**, & Savik, K. (2011). Effects of Patient-Directed Music Listening on Anxiety in Mechanically Ventilated ICU Patients. Concurrent session presented at the IX International Music Medicine Symposium, sponsored by the International Society of Music Medicine, Augsburg College and the American Music Therapy Association at Augsburg College in Minneapolis, MN.

Heiderscheit, A. (2011). Qualitative Analysis of Imagery Themes and Client Perceived Benefits

of the Bonny Method of Guided Imagery and Music (BMGIM) with Eating Disordered Clients
Concurrent session presented at the IX International Music Medicine Symposium, sponsored by the
International Society of Music Medicine, Augsburg College and the American Music Therapy Association
at Augsburg College in Minneapolis, MN.

Heiderscheit, A. (March, 2011). Reimbursement: What Every Music Therapist Should Know. Concurrent
session presented at the Annual Conference of the Great Lakes Region of American Music Therapy
Association in Lake Geneva, WI.

Heiderscheit, A., Jackson, N., & Murphy, K. (March, 2011). Research for Music Therapy Clinicians:
Nuts and Bolts. Five hour CMTE presented at the Annual Conference of the Great Lakes Region of
American Music Therapy Association in Lake Geneva, WI.

Heiderscheit, A., Jackson, N., & Murphy, K. (November, 2010). Research for Music Therapy Clinicians:
Nuts and Bolts. Five hour CMTE presented at the Annual Conference of the American Music Therapy
Association in Cleveland, OH

Heiderscheit, A., Herdianto, P., Cheng, N., Selesky, E., Wills, E., Kwak, E., & Kim, S. (November, 2010).
International Forum I. Lecture and discussion presented at the Annual Conference of the American Music
Therapy Association in Cleveland, OH.

Heiderscheit, A. (October, 2010). Music Therapy in Addictions Treatment: Research & Clinical Practice.
Lecture and demonstration presented at the Minnesota Association of Resources for Recovery and
Chemical Health at the St. Paul River Center, in St. Paul, MN. Sponsored by Vinland National Center and
Hazelden.

Chlan, L. **Heiderscheit, A.,** Tracy, M.F., Guttorumson, J. & Savik, K. (September, 2010). Effects of music on
anxiety in ventilated patients. Paper presented at the Council for the Advancement of Nursing Science
State of Washington, D.C.

Heiderscheit, A. & Jackson, N. (May, 2010). Uncovering Hidden Potentials: Collaboration of Music Therapists
Around the World. Lecture and discussion presented at the VIII European Music Therapy Congress in Cadiz,
Spain. Sponsored by the European Music Therapy Association.

Kern, P., **Heiderscheit, A.,** Sabbatella, P., Fachner, J., Choi, B., Behren, G., Loureiro, C., & Gilbertson, S.
(May, 2010). Music Therapy Worldwide: Exploring Trends and Challenges in Research, Practice and
Education. Roundtable discussion presented by Council Members of the World Federation of Music
Therapy at the VIII European Music Therapy Congress in Cadiz, Spain. Sponsored by the European
Music Therapy Association.

Balfany, C., Chavis, G., **Heiderscheit, A.,** Nordstrom-Loeb, B., & Trytan, N. (April, 2010). Professional
Development & the Use of Creative Arts Therapies. Panel presentation at Society for the Arts in
Healthcare's 21st Annual International Conference. Sponsored by the Society for Arts in Healthcare and
hosted by the University of Minnesota in Minneapolis, MN.

Heiderscheit, A. & Chlan, L. (April, 2010). Music Preference Assessment in Mechanically Ventilated
Research Subjects: Important of a Dynamic Process. Research poster presented at Society for the
Arts in Healthcare's 21st Annual International Conference Society for Arts in Healthcare and hosted by the
University of Minnesota in Minneapolis, MN.

Heiderscheit, A. (March, 2010). Qualitative Analysis of Themes, Content, and Personal Responses of
Eating Disordered Clients to BMGIM. Lecture and demonstration presented at the 57th Annual Conference of
the Great Lakes Region of the American Music Therapy Association in Indianapolis, IN.

Heiderscheit, A., Jackson, N., & Murphy, K. (March, 2010). Research for Music Therapy Clinicians:
Nuts and Bolts. Lecture presented at the 57th Annual Conference of the Great Lakes Region of the American
Music Therapy Association in Indianapolis, IN.

Madson, A. & **Heiderscheit, A.** (March, 2010). Use of the Iso-Principle as a Central Method in Mood
Management: A Music Psychotherapy Case Study. Lecture presented at the 57th Annual Conference

of the Great Lakes Region of the American Music Therapy Association in Indianapolis, IN.

Heiderscheit, A. & Wellstone, L. (November, 2009). Restorative Healing through Songs and Stories. Five hour CMTE lecture and demonstration presented at the 2009 Annual Conference of the American Music Therapy Association in San Diego, California.

Heiderscheit, A. & Chlan, L. (November, 2009). Music preference assessment in mechanically ventilated research subjects: Importance of a dynamic process. Research poster presented at the 2009 Annual Conference of the American Music Therapy Association in San Diego, CA.

Heiderscheit, A., Jackson, N., & Murphy, K. (November, 2009). Research for Music Therapy Clinicians: The Basic Nuts and Bolts, lecture presented at the 2009 Annual Conference of the American Music Therapy Association in San Diego, California.

Behrens, G., Boyle, M., Choi, B., Fachner, J., Gao, T., **Heiderscheit, A.**, Kern, P., Tee, G., & Wagner, G. (November, 2009). Let's Go International: Exploring Opportunities for Global Collaborations in Music Therapy, lecture and demonstration presented by World Federation of Music Therapy Council members and Regional Liaisons at the 2009 Annual Conference of the American Music Therapy Association in San Diego, California.

Heiderscheit, A. & Chlan, L. (May, 2009). Music preference assessment in mechanically ventilated research subjects: Importance of a dynamic process. Research poster presented at the North American Research Conference on Complementary & Integrative Medicine, sponsored by The Consortium of Academic Health Centers for Integrative Medicine in Minneapolis, MN.

Heiderscheit, A. & Melmed-Marmor, T. (March, 2009). Collaboration of Music Therapy and Art Therapy to Address Eating Disorders and Trauma. Lecture and demonstration at the 56th Annual Conference of the Great Lakes Region of the American Music Therapy Association in Bloomington, MN.

Heiderscheit, A., Donely, K., Brown, J. & Edwards, M. (March, 2009). The Reverie Harp: Clinical Applications in Music Therapy. Lecture and demonstration at the 56th Annual Conference of Great Lakes Region of the American Music Therapy Association, in Bloomington, MN.

Heiderscheit, A. & Jackson, N. (March, 2009). Uncovering the Hidden Potential: A Look at Collaboration. Lecture and discussion presented at the 56th Annual Conference of the Great Lakes Region of the American Music Therapy Association, Bloomington, MN.

Heiderscheit, A. & Walls, L. (February, 2009). Restorative Healing through Songs and Stories. Lecture and demonstration presented at International Narrative Therapy Symposium, sponsored by the Kenwood Center and Grupo Campos Eliseos, in Playa del Carmen, Mexico.

Heiderscheit, A. (November, 2008). Songs As Psychotherapy. Five hour Continuing Music Therapy Education lecture and demonstration presented at the 10th Anniversary Conference of the American Music Therapy Association in St. Louis, MO. Sponsored by the American Music Therapy Association.

Albrecht, J., **Heiderscheit, A.** & Hovey, D. (November, 2008). Songs for Our Child Personalized Lullaby DVDs for Infants and Toddlers on the PICU. Lecture and demonstration presented at the 10th Anniversary Conference of the American Music Therapy Association in St. Louis, MO. Sponsored by the American Music Therapy Association.

Heiderscheit, A. (July, 2008). Research and Clinical Aspects of Music Therapy in Eating Disorder Treatment. Lecture presented at the XII World Congress of Music Therapy in Buenos Aires, Argentina. Sponsored by the World Federation of Music Therapy, University of Buenos Aires and Argentina Music Therapy Association.

- Heiderscheit, A. (April, 2008). Therapeutic and Empowerment Drumming. Lecture and demonstration at the Minnesota Psychological Association Annual Conference, in Bloomington, MN.
- Heiderscheit, A.,** Donely, K., Brown, J. & Edwards, M. (April, 2008). The Reverie Harp: Clinical Applications in Music Therapy. Lecture and demonstration at the 55th Annual Conferences of Great Lakes & Midwestern Regions of the American Music Therapy Association, in Chicago, IL.
- Heiderscheit, A. (April, 2008). Songs as Psychotherapy. Lecture and demonstration at the 55th Annual Conferences of the Great Lakes & Midwestern Regions of the American Music Therapy Association in Chicago, IL.
- Heiderscheit, A.,** & Miller, D. (November, 2007). Maximizing Your Internship. Lecture and demonstration at the 9th Annual American Music Therapy Association Conference, Louisville, Kentucky. Sponsored by the American Music Therapy Association.
- Heiderscheit, A. (April, 2007). Music in Psychotherapy. Lecture and demonstration at the Minnesota Psychological Associations 71st Annual Convention. Plymouth, Minnesota. Sponsored by the Minnesota Psychological Association.
- Heiderscheit, A. (March, 2007). The Use of Songs in Psychotherapy. Lecture at the Western Regional American Music Therapy Association Conference, Honolulu, Hawaii. Sponsored by the Western Region of the American Music Therapy Association.
- Heiderscheit, A.** & Miller, D. (November, 2006). How to maximize your internship. Lecture presented at the 8th Annual American Music Therapy Association Conference, Kansas City, KS. Sponsored by the American Music Therapy Association.
- Heiderscheit, A. (November, 2006). Music Therapy in Eating Disorder Treatment: Inpatient, Partial Hospitalization and Residential Programs. Lecture and demonstration presented at the 8th Annual American Music Therapy Association Conference, Kansas City, KS. Sponsored by the American Music Therapy Association.
- Heiderscheit, A. (November, 2006). Bringing calm to the table: The use of music and music therapy in managing stress and anxiety for eating disorder patients at mealtimes. Lecture and demonstration presented at the Renfrew Conference: Feminist Perspectives and Beyond: Maximizing Change in the Treatment of Eating Disorders, Philadelphia, PA. Sponsored by the Renfrew Treatment Center and Foundation.
- Heiderscheit, A. (November, 2006). Clinical Aspects of Music Therapy in Eating Disorder Treatment. Lecture and demonstration presented at the 10th Annual Korean Music Therapy International Conference, Seoul, Korea. Sponsored by the Korean Music Therapy Association and SookMyung Women's University.
- Heiderscheit, A.,** Nordstrom-Loeb, B., Trytan, N., & Smart, H. (April, 2006). Imagination and Wellness: Creative and Expressive Arts Therapies. Lecture and panel discussion presented at the Minnesota Psychological Association 70th Annual Convention, Minnetonka, MN.
- Chlan, L., **Heiderscheit, A.,** Kreitzer, M. (November, 2003). Music Therapy in the World of Alternative and Complementary Therapies: Clinical Practices, Education, Research and the Future. Lecture presented at the AMTA conference in Minneapolis, MN.
- Heiderscheit, A. (November, 2003). The Psychotherapeutic Use of Songs. Lecture presented at the American Music Therapy national conference in Minneapolis, MN.
- Heiderscheit, A. (November, 2002). The Psychotherapeutic Use of Songs. Lecture presented at the American Music Therapy Association national conference in Atlanta, GA.

- Doak, B. & **Heiderscheit, A.** (October, 2001). Use of Music Therapy in the Psychiatric and Chemical Treatment of Adolescents. Lecture at the American Music Therapy national conference in Pasadena, CA.
- Adamek, M., Furman, C., Gregory, D., Groene, R., **Heiderscheit, A.** & Shiraishi, I. (November, 1997). Introducing Students to the Pre-clinical Internship Experience. Lecture presented at the National Association for Music Therapy national conference in Los Angeles, CA.
- Hawkins, K. & **Heiderscheit, A.** (October, 1993). Beyond the Facts: Clinical Techniques in Servicing Persons With Neurological Impairments. Continuing education workshop presented at the NAMT conference in Toronto, Canada.
- Hawkins, K. & **Heiderscheit, A.** (November, 1992) Composing A Music Therapy Program. Lecture presented at the National Association for Music Therapy conference in St. Louis, MO.
- Baughman, P. & **Heiderscheit, A.** (November, 1992). Rolling, Rolling, Rolling Keep Those Ideas Flowing, Let's Start Brainstorming. Continuing education workshop presented at the National Association for Music Therapy conference in St. Louis, MO.
- Hawkins, K. & **Heiderscheit, A.** (March, 1992). Composing A Music Therapy Program. Lecture presented at the American Music Therapy Association Midwest Regional Music Therapy Conference in Fort Collins, CO.
- Baughman, P. & **Heiderscheit, A.** (March, 1992). Rolling, Rolling, Rolling Keep Those Ideas Flowing, Let's Start Brainstorming. Lecture presented at the American Music Therapy Association Midwest Regional Conference in Fort Collins, CO.
- Baughman, P. & **Heiderscheit, A.** (November, 1991). Music Therapy in an Acute Psychiatric Hospital with Children and Adolescents. Lecture and demonstration presented at the National Association for Music Therapy Conference San Diego, CA.
- Baughman, P. & **Heiderscheit, A.** (March, 1991). Music Therapy in an Acute Psychiatric Hospital With Children and Adolescents. Lecture and demonstration presented at the American Music Therapy Association Midwest Regional Music Therapy Conference in Des Moines, Iowa.

TEACHING EXPERIENCE

- Faculty and Course Coordinator: MUS 510: Advanced Music Therapy Theory (Fall 2015). Augsburg College Overview of theoretical foundations and application of theory into clinical music therapy practice. Coordinated and facilitate Skype in guest lectures from national and international clinicians and educators.
- Faculty and Course Coordinator MUS 511: Advanced Clinical Practicum (Fall 2015). Augsburg College. Coordinate practicum placements and facilitate weekly group supervision. Provide individual supervision in cases when it is needed.
- Faculty and Course Coordinator MUS 525: Cross Cultural Awareness in Music Therapy (Fall 2015). Augsburg College. In-depth exploration on developing culturally competent clinical skills, adapting methods and approaches in ethnically and culturally settings.
- Faculty and Course Coordinator MUS 535: Music Therapy Supervision and Professional Development. Augsburg College. Examination of music therapy supervision, consultation and professional development, exploring various theories and models of supervision, consultation and self-care.

Faculty and Course Coordinator MUS 560: Music and Imagery. Augsburg College. A comprehensive overview and exploration of underlying theories, techniques and application of music and imagery experiences to address a variety of clinical needs.

Faculty and Course Coordinator: MUS 575: Music Therapy in Palliative Care (Fall 2015). Augsburg College. Exploration of music therapy in palliative and end of life care. Focus on techniques to manage pain, deal with loss and ways to address cultural, ethical and moral issues inherent in this area of clinical practice.

Faculty and Course Coordinator MUS 340: Music Therapy Methods I (Summer, 2015). Augsburg College. Exploration of receptive and re-creative music therapy methods in individual and group settings.

Faculty and Course Coordinator MUS 345: Music Therapy Methods II (Summer 2015). Augsburg College. Exploration of improvisational and creative music therapy methods in individual and group settings.

Faculty and Course Coordinator MUS 271: Introduction to Music Therapy (Summer, 2015). Augsburg College. Overview and introduction to the profession and practice of music therapy in a variety of clinical settings. Exploration of the functions of music and underlying principles of regarding the use of music in music therapy.

Faculty and Course Coordinator MUS 372: Psychological Foundations of Music on Behavior (Summer, 2015). Augsburg College. Overview and introduction to the psychological aspects of music on behavior and the ways in music influences behavior.

Faculty and Course Coordinator MUS 540: Music Therapy Research I (Summer, 2015). Augsburg College. Overview of quantitative research in music therapy and exploring music therapy theories, practice, and models for conducting quantitative research.

Faculty and Course Coordinator: MUS 520: Advanced Music Therapy Clinical Practice II (Spring 2015). Exploration and practice of methods for advancing clinical music therapy practice. Focus on advanced clinical use of improvisation and creative music therapy methods. Coordinate and facilitate Skype in guest lecture from national and international clinicians and educators.

Faculty and Course Coordinator: MUS 550: Music Psychotherapy (Spring 2015). Augsburg College. Exploration and practice of methods for advancing music psychotherapy clinical music therapy practice. Focus on advanced clinical use of music psychotherapy practice methods and processing the therapeutic experience. Coordinate and facilitate Skype in guest lecture from national and international clinicians and educators.

Faculty and On-site Supervisor: MUS 475: Music Therapy Clinical Practicum (Spring 2015). Augsburg College. Supervised students in clinical setting at University of Minnesota Children's Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Coordinator MUS 340: Music Therapy Methods I (Spring, 2015). Augsburg College. Exploration of receptive and re-creative music therapy methods in individual and group settings.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Spring, 2015). Online course of the exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and Course Coordinator: CSpH 5561: (Spring, 2015) Creative Arts Therapies in Health and Healing. Exploration of the various creative arts therapy modalities. Through review of research, guest lectures and community observations of certified creative arts therapists.

Faculty and Course Coordinator: MUS 510: Advanced Music Therapy Theory (Fall 2014). Augsburg College. Overview of theoretical foundations and application of theory into clinical music therapy practice. Coordinated and facilitate Skype in guest lectures from national and international clinicians and educators.

Faculty and Course Coordinator: MUS 515: Advanced Music Therapy Clinical Practice I (Fall 2014). Augsburg College. Exploration and practice of methods for advancing clinical music therapy practice. Focus on advanced clinical use of receptive and re-creative music therapy methods. Coordinate and facilitate Skype in guest lecture from national and international clinicians and educators.

Faculty and Course Coordinator: MUS 511: Advanced Music Therapy Practicum (Fall 2014). Augsburg College. Coordinate practicum placements and facilitate weekly group supervision. Provide individual supervision in cases when it is needed.

Faculty and On-site Supervisor: MUS 476: Music Therapy Clinical Practicum (Fall, 2014). Augsburg College. Supervised students in clinical setting at University of Minnesota Children's Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Coordinator MUS 345: Music Therapy Methods II (Fall 2014). Augsburg College. Exploration of improvisational and creative music therapy methods in individual and group settings.

Faculty and Course Co-Coordinator with Barbara Nordstrom–Loeb: CSpH 5605: Movement and Music for Well-being and Healing (Fall, 2014). Introduction and in-depth explore of the combined use of dance, movement, and music techniques and interventions utilized to foster health and healing in a variety of clinical settings.

Faculty and Course Coordinator MUS 271: Introduction to Music Therapy (Summer, 2014). Overview and introduction to the profession and practice of music therapy in a variety of clinical settings. Exploration of the functions of music and underlying principles of regarding the use of music in music therapy.

Faculty and Course Coordinator MUS 274: Music Therapy Clinical Practicum (Summer, 2014). Augsburg College. Group supervision on campus for students assigned to community clinical practicum sites.

Faculty and Course Coordinator MUS 340: Music Therapy Methods I (Summer, 2014). Augsburg College. Exploration of receptive and re-creative music therapy methods in individual and group settings.

Faculty and Course Coordinator MUS 345: Music Therapy Methods II (Summer, 2014). Augsburg College. Exploration of improvisational and creative music therapy methods in individual and group settings.

Faculty and Course Coordinator MUS 374 Music Therapy Clinical Practicum (Summer, 2014). Augsburg College. Group supervision on campus for students assigned to community clinical practicum sites.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Summer, 2014). Online course of the exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and On-site Supervisor: MUS 476: Music Therapy Clinical Practicum (Spring, 2014). Augsburg College. Supervised students in clinical setting at University of Minnesota – Amplatz Children's Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Co-Coordinator with Barbara Nordstrom–Loeb: CSpH 5605: Movement and Music for Well-being and Healing (Fall, 2013). Introduction and in-depth explore of the combined use of dance, movement, and music techniques and interventions utilized to foster health and healing in a variety of clinical settings.

Faculty and Course Coordinator MUS 340: Music Therapy Methods I (Spring, 2014). Augsburg College. Exploration of receptive and recreative music therapy methods in individual and group settings.

Faculty and Course Coordinator MUS 158: Guitar Class. (Spring 2014). Beginning class on guitar, focused on learning chords, strum and finger picking patterns, and accompanying self on songs from a variety of music genres.

Faculty and Course Coordinator: CSpH 5561: (Spring, 2014) Creative Arts Therapies in Health and Healing. Exploration of the various creative arts therapy modalities. Through review of research, guest lectures and community observations of certified creative arts therapists.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Spring, 2014). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and Course Coordinator MUS 345: Music Therapy Methods II (Fall, 2013). Augsburg College. Exploration of improvisational and creative music therapy methods in individual and group settings.

Faculty and On-site Supervisor: MUS 475: Music Therapy Clinical Practicum (Fall, 2013). Augsburg College. Supervised students in clinical setting at University of Minnesota – Amplatz Children’s Hospital. Supervision included: group, individual and family based.

Faculty and Course Co-Coordinator with Barbara Nordstrom–Loeb: CSpH 5605: Movement and Music for Well-being and Healing (Fall, 2013). Introduction and in-depth explore of the combined use of dance, movement, and music techniques and interventions utilized to foster health and healing in a variety of clinical settings.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Summer, 2013). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Spring, 2013). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and On-site Supervisor: MUS 476: Music Therapy Clinical Practicum (Spring, 2013). Augsburg College. Supervised students in clinical setting at University of Minnesota Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Co-Coordinator with Barbara Nordstrom–Loeb: CSpH 5605: Movement and Music for Well-being and Healing (Fall, 2012). Introduction and in-depth explore of the combined use of dance, movement, and music techniques and interventions utilized to foster health and healing in a variety of clinical settings.

Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2012). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.

Faculty and Course Coordinator: CSpH 8191: Independent Study in Complementary Therapies and Healing Practices. (Fall, 2012). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and On-site Supervisor: MUS 475: Music Therapy Clinical Practicum (Fall, 2012). Augsburg College. Supervised students in clinical setting at University of Minnesota – Amplatz Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Coordinator: CSpH 5561: (Summer, 2012) Creative Arts Therapies in Health and Healing. Exploration of the various creative arts therapy modalities. Through review of research, guest lectures and community observations of certified creative arts therapists.

Faculty and Course Coordinator: CSpH 8191: Independent Study in Complementary Therapies and Healing Practices. (Summer, 2012). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Spring, 2012). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.

Faculty and On-site Supervisor: MUS 476: Music Therapy Clinical Practicum (Spring, 2012). Augsburg College. Supervised students in clinical setting at University of Minnesota – Amplatz Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2011). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.

Faculty and On-site Supervisor: MUS 475: Music Therapy Clinical Practicum (Fall, 2011). Augsburg College. Supervised students in clinical setting at University of Minnesota – Amplatz Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.

- Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Summer, 2011). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.
- Faculty and Course Coordinator: CSpH 5631: Healing Imagery I (Spring, 2011). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.
- Faculty and On-site Supervisor: MUS 476: Music Therapy Clinical Practicum (Spring, 2011). Supervised students in clinical setting at University of Minnesota – Amplatz Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.
- Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2010). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.
- Faculty and On-site Supervisor: MUS 475: Music Therapy Clinical Practicum (Fall, 2010). Augsburg College. Supervised students in clinical setting at University of Minnesota Children’s Hospital. Supervision included: group, individual and family based music therapy sessions with children on PICU, BMT, and general medical units.
- Faculty and Course Coordinator: CSpH 5561: Creative Arts Therapies in Health and Healing. (Summer, 2010). Exploration of the various creative arts therapy modalities. Through review of research, guest lectures and community observations of certified creative arts therapists.
- Faculty and Course Coordinator: CSpH 5000: Healing Imagery I (Spring, 2010). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.
- Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2009). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.
- Faculty and Course Coordinator: CSpH 5000: Creative Arts Therapies in Health and Healing (Summer, 2009). Exploration of the various creative arts therapy modalities, through review of research, guest lectures and community observations of certified creative arts therapists.
- Adjunct Faculty and Course Coordinator: Mus 480: Music Therapy Senior Seminar at Augsburg College (Spring, 2009). Capstone course for music therapy majors to address pre-professional competences and development, ethics and research. Incorporated weekly visits to Institute of Health and Healing to explore implementation of services in the clinical environment.
- Faculty and Course Coordinator: CSpH 5000: Healing Imagery I (Spring, 2009). Exploration of the types and uses of imagery. Thorough review of imagery research and designing imagery interventions for clinical use.
- Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2008). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.
- Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2007). In-depth exploration of the use of music medicine techniques and music therapy and music psychotherapy practice and interventions.
- Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Summer, 2007). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-site supervising music therapist(s).
- Faculty and Course Coordinator: MuEd 3806: Music Therapy Techniques III (Spring, 2007). Current issues in music therapy; designing and implementing programs, professional development, ethical considerations and the use of music in therapeutic milieu.
- Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Spring, 2007). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-site supervising music therapist(s).
- Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Fall, 2006). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-site supervising music therapist(s).

Faculty and Course Coordinator: MuEd 3805: Music Therapy Techniques III (Fall, 2006). Taught methods and materials for music therapy with adults in a psychiatric setting, acute and chronic diagnoses.

Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2006). In-depth exploration of the use of music medicine techniques and music therapy in and music psychotherapy practice and interventions.

Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Summer, 2006). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-site supervising music therapist(s) and interns.

Faculty: CSpH 5601: Music, Health & Healing (Spring, 2006). Supervised independent study for medical student.

Faculty and Course Coordinator: MuEd 1801: Introduction to Music Therapy (Spring, 2006). Survey exploring methods, materials and applications of music therapy in various clinical settings.

Faculty and Co-Coordinator: MuEd 3855: Music Therapy Internship (Spring, 2006). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-sight supervising music therapist(s) and interns.

Faculty and Course Coordinator: MuEd 3804: Music Therapy Techniques II (Spring, 2006). Methods and materials for music therapy for individuals with developmental disabilities.

Faculty and Co-Coordinator: MuEd 3855: Music Therapy Internship (Fall, 2005). Reviewed required internship documentation, case studies, reports and evaluations. Communicated with on-sight supervising music therapist(s) and interns.

Faculty and Course Coordinator: MuEd 3805: Music Therapy Techniques III (Fall, 2005). Taught methods and materials for the use music therapy with adults in psychiatric settings, with acute and chronic diagnoses.

Faculty and Course Coordinator: MuEd 3800: Music Therapy Techniques I (Fall, 2005). Introduction into the clinical practice of music therapy. Instructed on methods of documenting, writing goals, objectives, and collecting clinical data.

Faculty and Course Coordinator: MuEd 1801: Introduction to Music Therapy (Fall, 2005). Survey exploring methods, materials and applications of music therapy in various clinical settings.

Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Summer, 2005). Reviewed required internship documentation, case studies and reports. Communicated with on-sight supervising music therapist.

Faculty and Course Coordinator: MuEd 3804: Music Therapy Techniques II (Spring, 2005). Methods and materials for music therapy for individuals with developmental disabilities.

Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Spring, 2005). Reviewed required internship documentation, case studies and reports. Communicated with on-sight supervising music therapist.

Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Fall, 2004). In-depth exploration of the use of music medicine techniques and music therapy in and music psychotherapy practice and interventions.

Faculty and Course Coordinator: MuEd 3805: Music Therapy Techniques III (Fall, 2004). Methods and materials for music therapy with adults in a psychiatric setting, acute and chronic diagnoses.

Faculty and Course Coordinator: MuEd 3800: Music Therapy Techniques I (Fall, 2004). Introduction to the clinical practice of music therapy. Instructed on methods of documenting, writing goals and objectives, and collecting clinical data.

Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Summer, 2004). Reviewed required internship documentation, case studies and reports. Communicated with on-sight supervising music therapists.

Faculty and Course Coordinator: MuEd 3804: Music Therapy Techniques II (Spring, 2004). Methods and materials for music therapy students with a focus on individuals with developmental disabilities.

Faculty and Course Coordinator: MuEd 3806: Music Therapy Techniques III (Spring, 2004). Current issues in music therapy; designing and implementing programs, ethical considerations and the use of music in therapeutic milieu.

Faculty and Course Coordinator: MuEd 5750/ CSpH 5000 (Spring, 2004). Music in Medicine and Wellness. Exploration of the use of music in the medical environment and within the wellness model. Includes an overview of recent and relevant research.

Faculty and Course Coordinator: MuEd 3800: Music Therapy Techniques I (Fall, 2003). Introduction into the clinical practice of music therapy. Instructed on methods of documenting, writing goals and objectives, and collecting clinical data.

Faculty and Course Coordinator: MuEd 3805: Music Therapy Techniques III (Fall, 2003). Methods and materials for music therapy with adults in a psychiatric setting, acute and chronic diagnoses.

Faculty and Coordinator: MuEd 3855: Music Therapy Internship (Fall, 2003). Reviewed required internship documentation, case studies and reports. Communicated with on-site supervising music therapist.

Faculty and Course Coordinator: CSpH 5601: Music, Health and Healing (Summer & Fall, 2002). In-depth exploration of the use of music medicine techniques and music therapy in and music psychotherapy practice and interventions.

GUEST LECTURES

Guest lecturer at University of St. Thomas (October, 2015). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas School of Social Work, St. Paul, MN.

Guest lecturer at University of St. Thomas (June, 2015). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas School of Social Work, St. Paul, MN.

Guest lecturer at St. Catherine's University (Spring 2015). Guest lectured in Holistic Health and Healing graduate course. Presented on Music Therapy in Clinical Practice. Minneapolis, MN.

Guest lecturer at Indiana State University (Fall 2014). Skype guest lectured in undergraduate music therapy course on clinical music therapy in the treatment of clients with eating disorders.

Guest lecturer at Anoka-Ramsey Community College (April 2014). Guest lectured in MUS 2135 Introduction to Music Therapy. Presented on The Bonny Method of Guided Imagery and Music: Clinical Practice and Research at Anoka-Ramsey Community College Music Department in Coon Rapids, MN.

Guest lecturer at University of St. Thomas (February, 2014). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas School of Social Work, St. Paul, MN.

Guest lecturer at University of St. Thomas (June, 2013). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas School of Social Work, St. Paul, MN.

Guest lecturer at University of St. Thomas (April, 2013). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas School of Social Work, St. Paul, MN.

Guest lecturer at Chennai School of Music Therapy (March 2013) Guest lectured to post secondary certificate training students in this newly developed program. Presented Guided imagery & music: Theory & Practice and

Patient Directed Music Listening with Mechanically Ventilated Patients. Presented lecture materials and facilitated experiential exercises via WebEx.

Guest lecturer at Chennai School of Music Therapy (February 2013) Guest lectured to music therapy students in this newly developed program. Presented Guided imagery & music: Theory & Practice. Presented lecture materials and facilitated experiential exercises at Chennai School of Music Therapy in Chennai, India.

Guest lecturer at Augsburg College (Spring 2013). Guest lectured in MUS 373 Psychological Foundations of Music II. Presented Qualitative Research in Music Therapy: Theory & Practice. Presented at Augsburg College in Minneapolis, MN.

Guest lecturer at University of St. Thomas (Summer, 2012). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas, St. Paul, MN.

Guest lecturer at Bethel University (Summer, 2011). Guest lectured in PSYC613: Expressive Therapies with Children and Adolescents: Art, Play, Music and Drama. Presented on Music Therapy approaches with children and adolescents and facilitated experiential exercises at Bethel University, St. Paul, MN.

Guest lecturer at University of St. Thomas (Summer, 2011). Guest lectured in GRSW 619: Integrative Psychotherapy. Presented on Music Therapy as a Psychotherapeutic Approach in Health and Healing. Presented at University of St. Thomas, St. Paul, MN.

Guest lecturer at Saint Mary's University (Spring, 2011). Guest lectured in MFT 660: Special Topics: Eating Disorders. Presented Music Therapy in Eating Disorder Treatment: Clinical Aspects and Collaborations and Research. Presented at Saint Mary's University, Minneapolis, MN.

Guest lecturer at Saint Mary's University (Spring, 2010). Guest lectured in MFT 660: Special Topics: Eating Disorders. Presented Music Therapy in Eating Disorder Treatment: Clinical Aspects and Collaborations and Research. Presented at Saint Mary's University, Minneapolis, MN.

Guest lecturer at Saint Mary's University (Spring, 2010). Guest lectured in MFT 610: Working Systemically with the Eating Disorders Population. Presented: Presented on the use of music therapy in eating disorder treatment and in marriage and family work. Presented at Saint Mary's University, Minneapolis, MN.

Guest lecturer at College of Saint Catherine: (Fall, 2009). Presented: Music Therapy in the Clinical Setting. Presented at College of Saint Catherine, St. Paul, MN.

Guest lecturer at the University of Minnesota in FSCN 5601: Management of Eating Disorders (Fall, 2009). Presented: The Role of Music Therapy in the Treatment of Eating Disorders: Clinical Relevance and Interventions at the University of Minnesota, Minneapolis, MN.

Guest lecturer at Augsburg College: (Spring, 2009). Presented: The Bonny Method of Guided Imagery and Research: Research and Clinical Implications. Presented at Augsburg College, Minneapolis, MN.

Guest lecturer at College of Saint Catherine: (Fall, 2008). Presented: Music Therapy in the Clinical Setting. Presented at College of Saint Catherine, St. Paul, MN.

Guest lecturer at the University of Minnesota in CSPh 5541: Emotional Healing and Happiness: Eastern and Western Approaches to Transforming the Mind. (Fall, 2008). Presented: Music and Emotional Healing. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at the University of Minnesota in FSCN 5601: Management of Eating Disorders (Fall, 2008). Presented: The Role of Music Therapy in the Treatment of Eating Disorders: Clinical Relevance and Interventions. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at College of Saint Catherine: (Fall, 2008). Presented: Music Therapy in the Clinical Setting. Presented at College of Saint Catherine, St. Paul, MN.

Guest lecturer at Saint Mary's University in MFT 660: Working Systemically with the Eating Disorders Population. (Spring, 2008). Presented: Music Therapy in Eating Disorder Treatment: Clinical Aspects and Collaborations and Research presented at Saint Mary's University, Minneapolis, MN.

Guest Lecturer at College of Saint Catherine: (Fall, 2007). Presented: Music Therapy in the Clinical Setting. Presented at College of Saint Catherine, St. Paul, MN.

Guest lecturer at the University of Minnesota in FSCN 5601: Management of Eating Disorders (Fall, 2007). Presented: The Role of Music Therapy in the Treatment of Eating Disorders: Clinical Relevance and Interventions. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at the University of Minnesota (Spring, 2007). Guest Lectured in Mus 5950: Rhythm Techniques for Music Therapy and Education course. Presented Active music making and drum circle interventions utilized in music therapy sessions with a variety of client populations. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at Augsburg College in Approaches in Music Therapy course (Spring, 2007). Presented: The Role of Music Therapy in the Treatment of Eating Disorders: Clinical Relevance and Interventions. Presented at Augsburg College, Minneapolis, MN.

Guest lecturer at the University of Minnesota in MuEd 1801: Introduction to Music Therapy (Spring, 2007). The Bonny Method of Guided Imagery and Music: Clinical Aspects and Research. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at the University of Minnesota in MuEd 1801: Introduction to Music Therapy (Fall, 2006). The Bonny Method of Guided Imagery and Music: Clinical Aspects and Research. Presented at the University of Minnesota, Minneapolis, MN.

Guest Lecturer at the University of Minnesota in MuEd 5655: New Dimensions in Music Education (Fall, 2006). The Current State of the Music Therapy Profession and Future Directions. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at the University of Minnesota in FSCN 5601: Management of Eating Disorders (Fall, 2006). Presented: The Role of Music Therapy in the Treatment of Eating Disorders: Clinical Relevance and Interventions. Presented at the University of Minnesota, Minneapolis, MN.

Guest lecturer at Augsburg College in Approaches in Music Therapy course (Spring, 2006). Presented: The Bonny Method of Guided Imagery and Music: Clinical Approaches and Current Research. Presented at Augsburg College, Minneapolis, MN.

Guest lecturer at Augsburg College in Approaches in Music Therapy course (Spring, 2005) Presented: The Bonny Method of Guided Imagery and Music: Clinical Approaches and Current Research. Presented at Augsburg College, Minneapolis, MN.

Guest lecturer at the University of Minnesota in MuEd 1801: Introduction to Music Therapy (Fall, 2003). The Bonny Method of Guided Imagery and Music: Clinical Aspects and Research. Presented at the University of Minnesota, Minneapolis, MN.

Supervision of Students

Supervision of music therapy students to clinical sites in the Twin Cities (2003 – 2007)

- Abbott-Northwestern Hospital, Minneapolis
- Altercare Adult Day Center, Edina
- Battle Creek School, St. Paul
- Black Hawk Middle School, Eagan
- Bridgeview School, St. Paul
- Eating Disorder Institute at Methodist Hospital, St. Louis Park
- Fairview Home Care and Hospice, Minneapolis
- Fairview-University Medical Center, Minneapolis
- Growing With Music, St. Paul

Hope Adult Day Center, Minneapolis
Hospice of the Twin Cities, Minneapolis
Independent School District 196
Kelly Institute, Minneapolis
LifeWorks, Inc., Mendota Heights
Longfellow School, Minneapolis
Louis Whitbeck Fraser School, Richfield
MacPhail Center for Music, Minneapolis
Maplewood Good Samaritan, Maplewood
Martin Luther Manor, Bloomington
Methodist Hospital, St. Louis Park
Midway Training Services, St. Paul
Minneapolis Public Schools, Minneapolis
Minnesota Masonic Home, Bloomington
Minnesota Veteran's Home, Bloomington
Mount Olivet Day Services, Minneapolis
P.S. Music, Eagan
Osseo School District, Osseo
Red Pine Elementary, Eagan
Redeemer Residence, Minneapolis
Riverside Rehabilitation Complex, Minneapolis
Robbinsdale School District, Robbinsdale
Rueben Lindh Learning Center, Minneapolis
St. Paul Public Schools, St. Paul,
Sojourn Adult Day Program, Spring Park
Stillwater Good Samaritan Center, Stillwater
Struther's Parkinsons Center, Golden Valley
The Emily Program
Thomas Lake Elementary, Eagan
University Good Samaritan Center, Minneapolis
University of Minnesota-Fairview Children's Hospital, Minneapolis
University of Minnesota Masonic Children's Hospital, Minneapolis
University of Minnesota Music Therapy Lab, Minneapolis

Advisor to the University of Minnesota Music Therapy Student Association (2003 - 2007 and 1997 - 2000).

Supervisor for the University of Minnesota Music Therapy Lab (1998 - 2000). Coordinated music therapy services provided in the music therapy lab to community agencies and supervised the student work with these individuals.

THESIS AND PROJECT ADVISING

Doctoral Students (School of Music)

Platica, Gabriel (September 2006 – December 2012). Committee Member.

Violin Music of George Enesco.

Schimming, Paul (September 2006 - August 2007). Committee Member.

Doctoral Students: Committee Member

Kim Johnson (September 2009 - June 2011) (School of Dentistry)

The Use of Guided Imagery in the instruction of periodontal instrumentation skills: A pilot Study.

Master's Students: Project Advisor

Danielson, Erin (September 2006 - May 2007). Plan B.

The Effects of Music Therapy and Combined Arts Therapies in Participation of Groups with Older Adults in Long-term Care.

Fermin, Brooke (September 2006 - August 2007). Plan B.

Music Therapy in the Treatment of Asthma and other pulmonary diseases: A Meta-analysis.

Maloney, Kelly (September 2006 - August 2007). Plan B.

The Effects of Music during Mealtimes on Wandering, Disruptive Behaviors, and Nutritional Intake in Alzheimer's and Dementia Residents in Long-Term Care.

Mathias, Sallyjane (September 2006 - August 2007). Plan B.

Master's Students: Committee Member

Knight, Andrew (September 2006 - November 2006).

Music Therapy Internship Supervisors and Pre-internship Students: A Comparative Analysis of Questionnaires.

Southward, Marjorie (September 2006 - September 2007). In Speech and Language Pathology.

Honors Thesis: Advisor

Snook, Laura (January 2007 - August 2007)

Klein, Claire (March 2007 - August 2007)

Outside the University of Minnesota

Meyer, Peter (July 2006 - August 2009). St. Mary of the Woods, Indiana. Committee Member.

The Implementation of Neurological Music Therapy in Long-term Care.

HONORS AND AWARDS

2015 Dean's Internationalization Grant. Recipient of the Dean's Internationalization Grant to travel to Chongqing and Beijing, China to develop partnerships with Institute of Burn Research at Southwest Hospital Third Military University and the Central Conservatory of Music.

2014 Dean's Internationalization Grant. Recipient of the Dean's Internationalization Grant to travel to Namibia, Africa and develop partnerships for transcultural music therapy course.

2010 - 2012 A. Marilyn Sime Research Fellowship. Recipient of the Sime Research Fellowship, award through the Academic Health Center, Center for Spirituality and Healing at the University of Minnesota.

2007 Endorsed Facilitator for Remo, Inc. Selected by Remo, Inc., as one of the premier facilitators to be featured and promoted for HealthRhythms Empowerment Drumming.

2006 Circle of Life award, received as a member of the Transitions and Life Choices (TLC) care team. This national award is given to recognize and honor programs that improve care of patients near the end of life or with life-threatening conditions. The award is supported by the Robert Wood Johnson Foundation, sponsored by the American Hospital Association, the American Association of Homes and Services for the Aging, the American Medical Association and the National Hospice and Palliative Care Organizations.

2006 Recipient of Remo, Inc. FitRhythms Training Scholarship. Scholarship awarded to individuals selected by Remo, Inc. and FitRhythms to be among the first to be trained.

2003 Recipient of the Anne Marie Kylo Professional Scholarship Award from the American Music Therapy Association. The award is granted to support professional development.

2003 Recipient of the Commitment to Quality Service Award for Outstanding Community Service Partners, Dakota Community Services, Inc. The award is given to recognize quality services provided throughout the community.

1998 Recipient of Fellowship Award in the School of Music at the University of Minnesota.

1990 Recipient of the Midwest Region of the National Association for Music Therapy Music Therapy Internship Scholarship.

1990 Recipient of the Outstanding Music Senior Award at Wartburg College, Waverly, Iowa.

1988 Recipient of the Genevieve Stelberg Music Therapy Scholarship, Wartburg College,
Waverly, Iowa.

1987 Recipient of the Genevieve Stelberg Music Therapy Scholarship, Wartburg College,
Waverly, Iowa.

1986 Recipient of the Edwin Liemohn Music Scholarship at Wartburg College, Waverly, Iowa.

PROFESSIONAL MEMBERSHIPS

American Music Therapy Association (AMTA)
(1990 - present)

Association for Music and Imagery (AMI)
(1999 - present)

Certification Board for Music Therapists (CBMT)
(1993 - present)

Great Lakes Region for the AMTA
(1997 - present)

International Association of Music and Medicine (IAMM)
(2010 - present)

Minnesota Association for Marriage and Family Therapy (MAMFT)
(2008 - present)

Music Therapy Association of Minnesota
(1997 – present)

Phi Kappa Lambda Honor Society
(2000 - present)

World Federation for Music Therapy
(2009 - present)

COMMITTEE MEMBERSHIPS

International

World Federation for Music Therapy (WFMT)

Past President 2014 – present

Publications Commission 2014 – present

Guest editor of MTT 2014 - present

Interim President 2013 - 2014

Secretary/Treasurer 2009 – 2012

WFMT Council 2009-present

Editorial Review Board, Music Therapy Today 2011 - 2012

2011 World Congress organizing committee 2009 – 2011,

2014 World Congress organizing committee 2013 - 2014

Membership work group 2010 - 2011

FAQ work group 2010 - 2011

Constitution & Bylaws workgroup 2010 – 2011, 2013- 2014

Publications work group 2010 - 2013

Educational center work group 2010 - 2012

Awards work group 2010 – 2012, 2013 – 2014

Strategic planning work group 2013 – 2014

Professional Scholarship Committee 2013 – 2014
Student Scholarship Committee 2013 -2014

International Association of Music and Medicine
Board of Directors 2014 – present
Chair, Development and Finance Committee 2014 - present
Music and Medicine Journal, Editorial Review Board 2012 – present

Creative Arts Therapy in China: Research & Practice
Editorial Board Member 2014 - present

Evidence-Based Complementary and Alternative Medicine
Reviewer 2013 - present

Nordic Journal of Music Therapy
Reviewer 2011- present

Journal of Supportive Cancer Care
Reviewer 2014 - present

International Society for Music and Medicine (ISMM)
Conference Steering Committee 2010 - 2011
Regional Organizing Committee 2010 - 2011
International Scientific Committee 2010 - 2011
Scientific Peer Review Committee 2010 - 2011

National

Certification Board for Music Therapists (CBMT)
Legislative/Regulatory Affairs Committee 2004 - 2005

American Music Therapy Association (AMTA)
Editorial Review Board, Music Therapy Perspectives 2011 - present
Employment & Public Relations Committee 2006 - 2009
Reimbursement Committee 2009 - 2012

Regional

Great Lakes Region for the American Music Therapy Association
Executive Board Member 2002-2003, 2006 - 2012
Reimbursement Chair 2009 - 2012
Employment Relations/Professional Relations Chair 2006 - 2009
Conference Program Committee 2007 - 2008
Alternate Assembly Delegate 2003 - 2004
Conference Chair 2001 - 2003

Community

Augsburg College
Graduate Academic Affairs Committee (2014 – present)
Committee Chair (2015 – present)
Convocation Committee (2014- present)
Graduate Council (2013 – present)
Graduate Assistantship Work Group (2013 – 2015)
Interprofessional Graduate Group (2015 – present)

Center for Spirituality & Healing,
Taking Charge of Your Health Website, Music Therapy Expert (2006 - present)
Whole Systems Healing work group (2010 - 2012)
Ways of Knowing Conference

Artistic Committee (2009 - 2010)

Emily Program

Director of Music Therapy Clinical Training (June 2009 - December 2010)
Anna Westin House Special Interest Group (June 2007 - December 2010)
Family Therapy Planning Committee (February 2008 - December 2010)
Research Special Interest Group (November 2009 - December 2010)
Integrative Practices Special Interest Group (May 2010 - December 2010)
Family Therapy Special Interest Group (August 2010 - December 2010)

Minnesota Creative Arts Therapy Association (MNCATA)

Founding Board Member (September 2006 - present)

Minnesota State Music Therapy Association (MTAM)

President Elect 1998 - 2000
President 2001 - 2003
Past President 2003 - 2005
Conference Program Committee 2008 - 2009

Park Nicollet Health Services

Pain Committee 2005 - 2007
Eating Disorder Institute Research Committee 2006 – 2007, 2012 - 2013
Eating Disorder Institute Curriculum Development Committee 2006 - 2007
Music Therapy Internship Supervisor 2002 – 2007, 2012 - 2013

Center for Spirituality and Healing

Community Practitioner/Lecturer 2002 - 2007
Graduate Faculty 2007 - 2009
Assistant Professor 2010 - present

St. John's Luther Church

Youth and Family Committee (2014 – present)

Peace Lutheran Church

Substitute Director for the Cherub Choir (children ages 3-6) 2008 - 2011
Director of the Cherub Choir (ages 3-6) 2011 – 2013

Greenwood Elementary School

Royal Reader in First Grade Classroom 2009 - 2010
Royal Reader in Kindergarten Classroom 2008 - 2009

All God's Children Learning Center

Board of Directors 2004 – 2006

OTHER PROFESSIONAL ACTIVITY

Professional Service

Director, Cherub Choir (Ages 3-6) at Peace Lutheran Church, Plymouth, MN (2011 - 2012).
Conducted weekly rehearsals with children's choir and performed each month as a part of regular worship services.

Minnesota Creative Arts Therapy Association (June 2006 - present). Work with various creative arts therapists to develop a collaborative among music therapists, art therapists, dance and movement therapists, drama and poetry therapists. Serve as a board and founding member.

Music Therapy Mentor (March 2006 - present). Serve as a mentor for a local music therapists.
Provide supervision, discuss the practice of music psychotherapy and techniques incorporated into the practice of music psychotherapy.

Concert of Hope & Healing, (September, 2005). Sponsored by the Eating Disorder Institute of Park Nicollet Health Services. Performers included Walter Croll, Trish Colligan-Bruxvoort and **Annie Heiderscheid**. Performed songs written by patients during their participation in music therapy sessions during their course of treatment.

Peace Lutheran Church Christmas Orchestra (November 2003 - December 2007). Played in the annual Christmas orchestra at Peace Lutheran Church in Plymouth, MN. This is an intergenerational orchestra consisting of members of the church.

Director, Alleluia Choir at Holy Trinity Lutheran Church in Ankeny, IA, (1991 - 1993). Conducted weekly rehearsals with children's choir and performed each month as a part of regular worship services.