Huayu Li

**Exploring the effects of music therapy techniques for special children’s parent psychology**

**Abstract:**

Using supportive music imagery technique in a group setting. Assigned 34 special children’s parents to experiential group or control group. Using self-esteem scale (SES), life satisfaction scale (LSI), self-rating depression scale (SDS), self-rating anxiety scale (SAS), self-rating symptoms scale (SCL-90), Coping skills scale (CSQ) for pre and post-test.

**Results**: experimental group SES, LSI, SDS, SAS, SCL-90 improved (p<0.05), and higher than control group (P<0.05). No significant change on coping skills scale (CSQ).