

## RESUME

**Qian Li, RMT**

Email: qianli\_mt@hotmail.com



### EDUCATION

***Master of Music Therapy, 2012***

University of Melbourne, Australia

***Bachelor of Music Therapy, 2010***

Central Conservatory of Music, Beijing, China

### Professional Certifications

***Registered Music Therapist (RMT)***

Australian Music Therapy Association

***Certified MER (Music Entrainment and Reprocessing) Therapist***

***Certified Music Therapist (CMT)***

Chinese Professional Music Therapy Association.

### Clinical Experiences

2013-Present

***Wuxi Mental Health Center (China), Head of Music Therapy Department***

- Provide music therapy to adolescents and adults with various psychiatric disorders.
- Establish the Centre's pioneer music therapy program, develop and implement other music therapy programs and activities to improve patients' physical and mental health.
- Create medical music therapy model and diverse clinical music therapy projects to meet clinical needs.
- Plan and lead individual and group music therapy sessions to inpatients and outpatients.
- Assess and determine individual patients' needs and requirements prior to developing treatment plans.
- Conduct music therapy workshops to enhance the caregivers' knowledge and well-being.
- Encourage active participation during therapy sessions and facilitate patients to explore different musical/instrumental sounds and genre.
- Monitor, evaluate, document and follow up on patient's progress and response to various methods of music therapy (such as active or receptive therapy).
- Offer professional expertise to patients and guide their caregivers on music therapeutic techniques.
- Organize national and international music therapy conferences/workshops and provide lectures and presentations to educate other healthcare professionals, clinical staff and etc. (such as International Neurology Music Therapy Training; The 12<sup>th</sup> National Music Therapy Conference ).
- Be abreast with new developments in the field of music therapy and apply latest natural/music therapy techniques.
- Work closely with the Centre's multidisciplinary teams to promote coordinated

and efficient care for all patients.

- Assist to develop Chinese Music Therapy Association Code of Ethics.
- Play a clinical supervisor role and supervise national and international music therapy students.
- Translated the book 《Music Therapy in Dementia Care》

July 2012-  
October 2012

***Bullen Heights School, Melbourne Australia***

- Established music therapy clinical and research programs for students with Autism Spectrum Disorder between the age of 5 to 18.
- Worked as member of educational team which includes teachers, psychotherapist and ABA therapist in addressing IEP goals
- Conducted numerous music therapy workshops
- Conducted music relaxation sessions for staff members

March 2012-  
June 2016

***Calvary Health Care Bethlehem & Wesley Neurological Support Services, Melbourne Australia***

- Planned and led music therapy sessions to elderly in rehabilitation day center
- Provided music therapy sessions to palliative inpatient ward
- Co-treatment sessions with physiotherapist in movement activities

July 2011-  
December 2011

***Able Australia, Melbourne***

- Facilitated and led music therapy sessions to individuals with Intellectual Disabilities, adults with Dementia and Neurological Impairments.
- Developed specific music therapy assessment and evaluation forms for populations in the setting

March 2011-  
June 2011

***Glenroy Specialist School, Melbourne Australia***

- Facilitated group and individual sessions to individuals with various developmental, physical, social and cognitive disabilities
- Designed assessment and evaluation activities

September 2009-  
June 2010

***Beijing 301 Hospital, Beijing China***

- Established music therapy program for patients with liver cancers
- Provided group and individual sessions to enhance the well-being of medical professionals and caregivers
- Pioneer in music therapy program to patients receiving procedures in operating theatre to ease operation anxiety and discomfort

May 2008-  
July 2008

***Huanglong Community Center in Sichuan, China (Sichuan Earthquake Volunteer)***

- Provided music therapy sessions to individuals suffered from Sichuan Earthquake
- Collaborated with psychiatrists, psychologists and social workers
- Provided music therapy sessions to individuals with Post Traumatic Stress Disorder (PTSD)

September 2008-  
July 2009

***Geriatric Department in Xuanwu Hospital of Beijing, China***

- Music therapy services with patients with stroke and other neurological diseases
- Music therapy inservice presentations

2006-2007

***Children's Hospital of Beijing***

- Provided music therapy interventions to children with Leukemia

## Research Experiences

July 2012 -  
present

***Research collaboration with Dr. Grace Thompson, University of Melbourne***

Combine quantitative analyses and qualitative method to analysis of the development and application of a new music therapy model for children with Autism

March-November 2012	<b>Research Assistant to Dr. Denise Grocke and Dr. Katrina McFerran, University of Melbourne</b> Systematic Review on the Effectiveness of music as a therapeutic intervention for promoting well-being for women in the postpartum period.
March-June 2012	<b>Unpublished Research Paper, Supervised by Senior RMT Eleanor Bajo, Calvary Health Care Bethlehem</b> The effect of music therapy for an adult with advanced multiple sclerosis
July- October, 2011	<b>Unpublished Research Paper, Able Australia</b> The effect of group music therapy for elderly with multiple disabilities in a community setting

### Scholarships and Awards

2009	<ul style="list-style-type: none"> <li>• National Scholarship, China (The highest-level academic scholarship award in China)</li> <li>• Excellent Student of the Central Conservatory of Music, Beijing (The highest level of honor in the University)</li> <li>• Excellent student leader award at the Central Conservatory of Music</li> </ul>
2008	<ul style="list-style-type: none"> <li>• National Scholarship, China (The highest-level academic scholarship award in China)</li> <li>• Excellent volunteer award for 2008 Beijing Olympic</li> <li>• Excellent volunteer award for "Sichuan 512 Earthquake"</li> </ul>

### Strengths and Other Skills

- Effectively bilingual in Mandarin and English
- Fluent in Hokkien
- Highly motivated and independent with great passion in medical music therapy
- Fast learner and excellent team player
- Highly reliable and responsible employee
- Extensive music therapy experiences
- Excellent piano and guitar skills

### References

Available upon request