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EDUCATION

MASSACHUSETTS INSTITUTE OF TECHNOLOGY

Cambridge, MA

Integrated joint degrees

Bachelor of Science (B.S.) - Political Science (5/85)

Bachelor of Science (B.S.) - Management, Sloan School of Management (5/85)

Double major directed toward study of public management and policy

Political Science Department Summer Internship Award recipient, 1984

UNIVERSITY OF ILLINOIS - Medical Scholars Program

Urbana-Champaign, IL

Integrated joint degrees:

Medical Doctor (M.D.) - Medicine (5/94)

Edmund J. James Scholar

Juris Doctor (J.D.) - Law (8/93)

Graduated Magna Cum Laude; College of Law Dean's List

1990 summer course work in law at Hebrew University in Jerusalem, Israel

Master of Arts (M.A.) - Health Policy (5/89)

Primary research was on the competitive health care system strategy

BETH ISRAEL MEDICAL CENTER & THE INSTITUTE FOR URBAN FAMILY HEALTH

New York, NY

7/94 - 6/99

Resident Physician - did advanced training in both Psychiatry and Family/Primary Care Medicine, and devised health policy at several levels. Chief Resident of dual residency program in Psychiatry and Family Practice.

MEDICAL EXPERIENCE

THE LOUIS ARMSTRONG CENTER FOR MUSIC & MEDICINE – Beth Israel Medical Center

New York, NY

7/06 – present

Medical Director – Clinical management of comprehensive bio-psycho-social medical service geared to needs of musicians and performing artists.

Assistant Clinical Professor of Psychiatry and Clinical Faculty in Family Medicine and Integrative Medicine – Albert Einstein College of Medicine of Yeshiva University.

THE CONTINUUM CENTER FOR HEALTH AND HEALING

New York, NY

5/00 - present

Attending Physician - Practicing Integrative Psychiatry, Holistic Family Medicine, Mind-Body Therapy, Social Health outside of but in association with nation's largest academic clinical program combining conventional medicine with full range of complementary and alternative modalities of care.

PRIVATE MEDICAL PRACTICE

New York, NY

7/99 – present

Private clinical practice in general psychiatry, women's mental health, addiction sciences, psychotherapy, psychosomatic medicine and holistic/integrative care.

MEDICAL CONSULTANT and LECTURER

10/01 – present

Advise major pharmaceutical firms on science and marketing of psychopharmaceutical products. Deliver many promotional and Continuing Medical Education (CME) lectures in psychiatry. Frequent academic teaching of psychiatrists and psychiatry residents.

GOtoHEALTH!

New York, NY

10/04 – present

Cofounder and President – Not-for-profit organization in NY for educating on broad spectrum of medical, psychological & social health concerns. Plan is for elaborate mobile center to deliver such education plus direct health services to neighborhoods in need.

**THE INSTITUTE FOR URBAN FAMILY HEALTH and
BETH ISRAEL MEDICAL CENTER - DEPARTMENT OF FAMILY MEDICINE**

New York, NY

6/06 – 10/07

Medical Director – Psychiatry - Integrate best practices mental health services into Beth Israel Medical Center Family Medicine Department, including its residency program, and into network of primary care centers assisting several underserved neighborhoods of NYC. Supervise clinical care delivered by two community mental health centers. Active in clinical care, research, teaching, administration, program development.

BETH ISRAEL MEDICAL CENTER

New York, NY

7/99 – 5/06

Chief - Primary Care Psychiatry - Oversee integration of mental health services into ambulatory care sites of Internal Medicine, Obstetrics & Gynecology, Pain Medicine & Palliative Care.

Attending Physician - Psychiatry, Family Medicine, Internal Medicine, Obstetrics & Gynecology, Eating Disorders Program, Pain Medicine & Palliative Care, Dual Residency Program in Psychiatry and Family Medicine. Practicing both psychiatry and family/primary care medicine. Full time faculty doing clinical care, research, teaching, administration, program development.

Advisory Committee – Beth Israel Center for Infertility & Reproductive Health

Board of Advisors - Continuum Mental Health Independent Physicians Association (1999-2001)

HONORS

“I Heart My Doc” Award – HealthTap website, 2012

Arnold Winston, MD Award - excellence in overall achievement as psychiatry resident at B.I.M.C., 1999

Citation for Outstanding Service to Graduate Medical Education - Beth Israel Medical Center, 1999

Mead Johnson Awards for Graduate Education - Family Medicine, 1997

Outstanding Young Men of America - selected 1986

PROFESSIONAL ORGANIZATIONS/ACTIVITIES

Steering Committee – The Louis Armstrong Center for Music and Medicine, 2006 - present

Founding Member of the International Association for Music and Medicine, 2008 – present

Board of Directors – The International Association for Music and Medicine, 2009 - 2014

Guest Editor, Music and Medicine, October 2014 volume; Editorial Reviewer, Music and Medicine, 2008 - present

Scientific Committee – Implicit Being: A Colloquium on Music and the Brain, Mount Sinai Beth Israel Medical Center, NYC, 5/15

Beth Israel Medical Center Ethics Committee - selected member, 1995 - 1999

Beth Israel Medical Center House Staff Committee - elected to central governing council for all resident M.D.'s in hospital, 1995 – 99

President of committee, 1997 - 1999.

Beth Israel Medical Center Medical Board (top governing body) - elected to represent all resident M.D.'s, 1995 - 1999

Previous Participation:

Guest lecturer in music and medicine at University of United Arab Emirates, 12/1/12 – 12/6/12

Documentary film on music, medicine and peace involving audiences with the Dalai Lama and other Tibetan spiritual and political dignitaries at their home base in Dharamsalla, India, 2008

In public health and human rights delegation to Nicaragua and Guatemala, 1994

Indian Health Service on Hopi and Navajo reservations, 1993

Student Legal Services Advisory Board, University of Illinois, appointed 1992 – 1994

Policy analyst, speech writer, platform developer, speaking tour assistant for a successful Illinois candidate for Congress, 1992

Medical Scholars Program Advisory Committee, University of Illinois, elected 1990 - 1993

McKinley Health Center Advisory Board, University of Illinois, appointed 1990 - 1992

PUBLICATIONS

Quentzel, “NOTEWORTHY: The Music in Music and Medicine,” Guest Editorial, Music and Medicine, Vol 6 Number 2, October 2014.

Quentzel, “Music Has Charms To Soothe A Savage Breast: An Integrative Medical-Psychiatric Perspective on Pain and Music,” opening chapter in Music and Medicine: Integrative Models in the Treatment of Pain, edited by Mondanaro & Sara, Satchnote Press, 2013.

Quentzel, “Top 5 Concentration Boosters for Staying Focused on the Job,” LiveWellNewYork.com, 4/13.

Quentzel & Loewy, “The Case of Paula: Music Psychotherapy with a Musician,” chapter in Developments in Music Therapy Practice: Case Study Perspectives; edited by Anthony Meadows, Barcelona Publishers, 2011.

Quentzel & Loewy, “An Integrative Bio-Psycho-Musical Assessment Model for the Treatment of Musicians: Part I – A Continuum of Support” & “Part II – Intake and Assessment,” Music and Medicine, Vol 2 Issue 2, April 2010.

Quentzel, "Music and Breath: Future Implications," concluding chapter in Music, the Breath & Health: Advances in Integrative Music Therapy; edited by Azoulay and Loewy, Satchnote Press, 2008.

Quentzel, "Duet for Music and Medicine," Allegro (Newspaper of the Musician's Union, Local 802, NYC), July/August 2007, p8.

Quentzel, "Managing Depression in Primary Care," Journal of Women's Health, Abstracts from the 12th Annual Congress on Women's Health, 5/04, 13(4), 451.

Barrett & Quentzel, "Pregnant and Troubled Teens: A New Approach," Mental Health News, Fall 2003, p33.

Quentzel, "Should the Patient Take the Lead in the Treatment of Depression?" Clinical Psychiatry News, 9/03, 31(9), 12a.

Quentzel & Levine, "Aggressive Lithium Treatment for Mania in a Hemodialysis Patient with End Stage Renal Disease," Psychosomatics, July - August, 1997, 38(4).

Quentzel, "Electives Run Wild, or, Adventures Beyond the White Coat," Lifeline, 1994, 4(1), 28-29

Quentzel, "Contractual Approach to Medical Malpractice Reform: A Missing Element for Cost-Containment under the Managed Health Care System Strategy," working paper, 1993; and submitted to the Committee on Medical Malpractice Reform of the Illinois Health Care Reform Task Force and to the Presidential Task Force on Health Care Reform.

Lenow & Quentzel, "Experimental Treatment: Who Pays?" Business and Health, 10/91, 9(11), 104-105.

Quentzel, "IN THE GREEN: The Value of the New York City Parks System to the Economy of New York City," an in-depth, multi-faceted economic analysis of NYC green space, published with the NYC Dept. of Parks and Recreation as a working paper, 5/88.

Poetry published in Kavanah, a national literary magazine, Spring 1989.