

Curriculum Vitae – Dr. Erika Saito, MD, PhD, MA, MT-BC

Personal Data

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Education

2012-2015 MASTER OF ARTS COURSE, Music Therapy, New York University. Awarded a Master of Arts degree in Music Therapy

1994–1998 DOCTORAL COURSE, Graduate School of Medicine, University of Tokyo. Awarded a Ph.D. in Biochemistry

1986- 1992 MEDICAL COURSE, School of Medicine, Chiba University. Awarded a Doctor of Medicine degree (MD).

Experience

2015-Present PHYSICIAN, Department of Palliative Care, St. Luke's International Hospital, Tokyo, Japan

2012-2014 INTERN MUSIC THERAPIST, Louis Armstrong Center for Music in Medicine, Mount Sinai Beth Israel Medical Center, NY, USA

2007-2012 ASSISTANT PROFESSOR, Department of Respiratory Medicine, Saitama Medical University International Medical Center, Saitama, Japan

2010-2011 VISITING RESEARCHER, Department of Pharmacology, The George Washington University, Washington DC, USA

2009-2010 VISITING RESEARCHER, Department of Biochemistry and Molecular Biology, The George Washington University, Washington DC, USA

1999-2007 PHYSICIAN, Tokyo Metropolitan Cancer and Infectious Disease Center, Komagome Hospital, Tokyo, Japan

1998-1999 PHYSICIAN, Department of Geriatric Medicine, Tokyo University Hospital, Tokyo, Japan

1994-1995 PHYSICIAN, Tokyo Metropolitan Cancer and Infectious Disease Center, Komagome Hospital, Tokyo, Japan

1993-1994 RESIDENT, National International Medical Center, Tokyo, Japan

1992-1993 RESIDENT, Tokyo University Hospital, Tokyo, Japan

Medical Licensure

- Full Medical License (Japan)

Board Certifications

- Board Certified Member of the Japanese Society of Internal Medicine
- Fellow of the Japanese Society of Internal Medicine
- Board Certified Member of the Japanese Respiratory Society
- General Clinical Oncologist by Japanese Board of Cancer Therapy
- Music Therapist-Board Certified (U.S.A.)

Bibliography (selected)

Isao Ishii, Erika Saito, Takashi Izumi, Michio Ui, Takao Shimizu. *Agonist-induced Sequestration, Recycling, and Resensitization of Platelet-activating Factor Receptor*. The Journal of Biological Chemistry 1998; 273(16): 9878-9885

Erika Saitoh, Yuki Yokomizo, Chih-Hung Chang, Sonya Eremenco, Hiyori Kaneko and Kunihiro Kobayashi. *Cross-cultural Validation of the Japanese Version of the Lung Cancer Subscale on the Functional Assessment of Cancer Therapy-Lung*. J Nippon Med Sch 2007; 74(6): 402-408

Ieki R, Saitoh E, Shibuya M. *Acute lung injury as possible adverse drug reaction related to gefitinib*. European Respiratory Journal 2005; 22:179-181

Wada H, Goto H, Saitoh E, Ieki R, Okamura T, Ota T, Hagiwara S, Kodaka T, Yamamoto Y. *Reduction in Plasma Free Acid in Patients with Chronic Obstructive Pulmonary Disease*. American Journal of Respiratory and Critical care Medicine 2005; 171(12):1465

Wada H, Hagiwara S, Saitoh E, Ieki R, Okamura T, Ota T, Kodaka T, Yamamoto Y, Goto H. *Increased Oxidative Stress in Patients with Chronic Obstructive Pulmonary Disease (COPD) as Measured by Redox Status of Plasma Coenzyme Q10*. Pathophysiology 2005; 13:29-33

Kato T, Ieki R, Saito E, Ota T, Yuasa K, Iguchi M, Okamura T, Shibuya M. *A Long-term Survival Case of Small Lung Cancer in an HIV-infected Patient*. Japanese Journal of Clinical Oncology 2005; 35:302-309

Other

Music Skills:

- Piano – Training and practice on classical piano since very early childhood
- Classical piano study in Vienna, Austria as a young adult
- Piano performances, including classical recitals and on stage with a rock band during college
- Composition for piano and electronic keyboard in a variety of styles

Guitar – Basic competence on acoustical guitar

Composition – Competence in traditional composition and computer-based music production

MEDICAL/THERAPY SKILLS:

Pain – I have researched and studied about pain and quality of life (QOL), because I became interested

in cancer patients having very different tolerance and attitudes to pain. I am very interested in the relationship of mind and pain. Music can use that channel.

Therapy – Besides cancer patients, I have treated many elderly people. Some have loneliness or boredom as a serious problem. Music sometimes helps them stay more active and happy. I am interested in this benefit for elderly and disabled people.

Teaching– Besides teaching medical students, I also have taught music and mathematics to children, privately. Many kinds of people are interesting and fun. I like people, and helping them.