

## Techniques and Protocol for Musictherapy interventions in Palliative Care by MTR Nuria Escudé

During the six years we have been working in the Palliative Care Unit at the Hospital de la Esperanza we have developed different intervention protocols and techniques, specially active techniques. We've been able to demonstrate how effective they are through research projects.

One of the purposes of this presentation is to explain these techniques and the evolution from more psychological based techniques to more neurological methods.

### Curriculum

Núria Escudé Mth is a lecturer and Director of the Music Therapy Program at the University of Barcelona since 2002. She is a psychologist and qualified piano teacher. She is also director and Music Therapist at the Catalan Institute of Music Therapy, where she has worked with children with special needs for the last 15 years in collaboration with the Barenboim Said Foundation. Member of the Board of the Directors of the International Association for Music & Medicine.

Nuria is working and researching music therapy in NICU (University Hospital Terrassa) an RBL (Rhythm, Breath, & Lullaby) grandparent, and works in the Oncology and Palliative Care Units in UPS Hospital Esperanza, and also works in the Hospital San Juan de Dios, with patients affected with Alzheimer's disease. Nuria is currently Treating patients during their final moments and with their families during their time of grief. (UPS)

