

2016 IAMM Abstract

Post hoc analysis of music therapy on a pediatric intensive care unit

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This presentation is a post hoc analysis of ten years of clinical data from music therapy sessions for patients on the pediatric intensive care unit at a major university teaching hospital. The background regarding how music therapy was identified as a necessary therapy for patients on this intensive care unit and how music therapy was introduced into the unit will be described and shared. The data analysis explores the impetus for music therapy referrals by unit staff, the music therapy methods utilized with infants, children and adolescents in this critical care setting. Considerations and cautions in working in this fragile and diverse patient care setting will be discussed. Collaborations that have developed from the clinical practice on the unit will be reported. Recommendations for future clinical work, collaborations and research will also be discussed.